



www.seattlena.org

January - February - March 2018

24 HOUR HOTLINE

(855) 464-7477

(206) 790-8888

AREA HELPLINES

- Aberdeen/Hoquiam (360) 589-8620
Bellevue/Kirkland (206) 790-8888
Centralia/Packwood (360) 754-4433
Chelan/Douglas County (855) 522-3262
Everett (425) 609-6170
Gray's Harbor (360) 589-8620
Hermiston (800) 726-8314
Kelso/Longview (888) 605-1250
Lewiston/Clarkston (208) 746-7632
Mount Vernon/Anacortes (877) 789-0819
Northern Idaho 1-888-NA HELPS
Northwest Washington Service Committee (360) 647-3234
Olympia (360) 754-4433
Omak (509) 826-6371
Port Angeles (360) 477-9367
Pendleton (800) 766-3724
South King County (253) 872-3494
Spokane (509) 325-5045
Tacoma (253) 531-8792
TriCities (800) 726-8314
Vancouver (360) 703-0990
Walla Walla (800) 766-3724
Central Wa. (877) 664-0398
West Puget Sound (877) 861-6156
Whidbey Island (South) (877) 789-0819

SERENITY PRAYER

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.

"Call Before You Use!"

NAMES / PHONE NUMBERS

(✓) MEANS PEOPLE WILLING TO SPONSOR

A vertical list of 20 empty checkboxes, each followed by a horizontal line for writing a name or phone number.

THE TWELVE STEPS

- 1. We admitted we were powerless over our addiction...
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God...
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God...
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts and to practice these principles in all our affairs.

WEST DESTINATION VASHON GO Vashon Presbyterian Church, 17708 Vashon Hwy. S.W. (In belfry, ring bell at front), Vashon Island, WA 98070 Bus 118, 119

SATURDAY CENTRAL

- 10:00am BREAKFAST OF CHAMPIONS G S T Recovery Cafe 2022 Boren Ave. (Used to be Micheals Cafe, Denney Triangle), Seattle, WA 98121 Bus 8, 70, 71, 72, 73
10:30am MIRACLE IN PROCESS LO M wc Cherry Fellowship, 2701 East Cherry St., Seattle, WA 98122 Bus 3, 8
6:30pm SOLO POR HOY G O Spanish, (no children allowed) Matt Talbot Center, 2313 3rd Ave., Seattle, WA 98121 Bus C line, D line, E line, 1, 2, 3, 4, 5, 13, 14, 16, 17, 21, 24, 26, 28, 33, 40, 124, 132
7:00pm CLEAN LIVING G O (1.25hr) SASG, 115 15th Ave. E. Suite 201, (Capitol Hill), Seattle, WA 98112 Bus 8, 10, 43
8:00pm TOWER OF POWER G (no children allowed) Matt Talbot Center 2313 3rd Ave., Seattle, WA 98121 Bus C line, D line, E line, 1, 2, 3, 4, 5, 13, 14, 16, 17, 21, 24, 26, 28, 33, 40, 124, 132

EAST

- 7:30pm S.O.S. (SPEAKERS ON SATURDAY) G O CL Kirkland Congregational Church (Room 23), 106 5th Ave., Kirkland, WA 98033 Bus 234, 255

NORTH

- 10:30am SATURDAY MORNING WOMEN'S MTG L S T W Edmonds Lutheran Church, 23525 84th Ave. W., Edmonds, WA 98026 Bus 115
NOON HOPE FIENDS G O Broadview Community Church, 325 N. 125th St. (125th & Phinney Ave. N., basement), Seattle, WA 98133 Bus E line, 5, 28
5:15pm YES YOU CAN G O (Vape prohibited) Lynnwood Alano Club, 4001 198th St. S.W., Lynnwood, WA 98036 Bus 112 118 101
6:00pm BASIC NA G L O (1hr) St. Pauls UCC 6512 12th Ave. N.W. (Basement), Seattle, WA 98177 Bus D-line, 28
7:00pm SAFE HAVEN G O Fremont Baptist Church 717 N. 36th St., Seattle, WA 98103 Bus E line, 26, 28, 31, 32, 40
7:30pm BALLARD'S MOST WANTED G O cc Ballard Church 1460 N.W. 73rd, Seattle, WA 98117 Bus D line
12:00am NEVER TOO LATE G O Fremont Baptist Church, 717 N. 36th St., Seattle, WA 98103 Bus E line, 26, 28, 31, 32, 40

SOUTH

- 9:00am SAFE PLACE LO G Q wc Columbia City Church of Hope, 3818 S. Angeline St. (enter west side of church), Seattle, WA 98118 Bus 7

WEST

- 6:30pm DESTINATION VASHON G O Vashon Presbyterian Church, 17708 Vashon Hwy S.W. (ring bell at front), Vashon, WA 98070 Bus 118, 119
7:00pm THE OASIS G O cc Admiral Congregational Church, 4320 S.W. Hill St. (2 blocks north of Admiral Theatre, in basement), Seattle, WA 98116 Bus 50, 128

GROUPS ARE LISTED AT THEIR REQUEST. A DIRECTORY LISTING DOES NOT IMPLY N.A. APPROVAL OR ENDORSEMENT OF ANY GROUP.

MEETING SCHEDULES ARE SUBJECT TO CHANGE BETWEEN PRINTINGS, CHECK WEBSITE WWW.SEATTLENA.ORG FOR UP TO DATE INFO.

NEW OR CHANGED MEETINGS PLEASE EMAIL THE SCHEDULES COORDINATOR. schedules@seattlena.org

Narcotics Anonymous Committee Meetings S.A.S.C. UNITY DAY SUBCOMMITTEE AREA SERVICE COMMITTEE Meeting: 2:00 pm, 1st Sunday GSR Orientation: 1:30pm PR Subcommittee Meeting: 12:30pm, 1st Sunday H&I/Orientation: 11:30am Fellowships Development FD Coordinator: Jeannie E. Fellowships Development@seattlena.org SINAC 2018 Committee Liaison: Will C. sinac@seattlena.org Activities Subcommittee Meeting: 7:00pm 1st & 3rd Thursday Edmonds Lutheran Church 23525 84th Ave. W. Seattle, WA 98177 Chair: Artemis W. activities@seattlena.org Area Treasurer Treasurer: Tyler E. treasurer@seattlena.org Assistant Treasurer - Laurie F. assistant-treasurer@seattlena.org Literature Subcommittee Meeting: 12:30pm, 1st Sunday Mercer Island Community and Event Center 8236 SE 24th St., Mercer Island, WA 98040 Chair: Gary H. literature@seattlena.org Literature order form available online-seattlena.org

"Keep Coming Back"

