

NEWSLETTER

August/September 2016

newsletter@seattlena.org



Clean Time Birthdays

Benito..... 08/19/88 (28 years)
Nancy C..... 09/01/92 (24 years)
Dan M. 08/16/94 (20 years)
Valentina T... 08/15/10 (6 years)
Sean D. 08/01/13 (3 years)
Melanie B. 08/14/13 (3 years)
Bob N. 09/05/13 (3 years)
John L..... 08/01/15 (1 year)

If you would like to have your NA birthday included in this publication, please email the Newsletter Coordinator at newsletter@seattlena.org. The cutoff for the October/November issue is Sunday, September 25th.

Congratulations!

24-Hour Hotline

206-790-8888

Call before you use!

Seattle Area NA Website
www.seattlena.org

Another Way

by Tricia B.

There might be times, when life seems rough,
And nothing goes your way.
There will be days, when it's too tough
To find the words to say.
The tears, they'll come, your shame will stay,
Your scars have run too deep.
As each tear drops, it paves the way
For blessings you can keep.
When all seems lost, it's hard to spot
These blessings as they rise.
Fight you must, and you will see,
They will increase in size.
It could be something simple,
A friend extends a hand.
A loved one finally calls you,
Or that job you finally land.
At each new dawn, your clouds disperse,
And blue skies will emerge.
Did you forget? The birds still sing
The songs that you deserve.
Your battle can be over,
But don't ever stop the fight.
Your most important blessings say,
"I love you, Mommy... good night."
When you're feeling lost
And just looking for a sign,
Bend your knees, God's got your back,
One day at a time.

The purpose of this newsletter is to keep Seattle Area Narcotics Anonymous members informed of the events and happenings of the fellowship. Every attempt is made to adhere to NAWS guidelines and SASC guidelines for newsletters. The content contained herein expresses the views and knowledge of its contributors, not NA as a whole. Please read this publication with that in mind.

Events & Announcements

New Meeting on Sundays: Beyond Belief

General discussion open meeting for atheists and agnostics
(All are welcome as per our 3rd Tradition)
 Sundays 8:00 – 9:00 PM
 Lynnwood Alano Club
 4001 198th St.SW, Lynnwood

Activities Subcommittee call for support

New meeting time and place:
 1st and 3rd Thursdays, 7:00 PM
 Edmonds Lutheran Church, 23525 84th Ave W.

Saturday Night Dances

Every 2nd Saturday of the month
 10:00 PM – 1:00 a.m. • \$5.00
 Cherry Hall, 2701 E. Cherry Street, Seattle

NW Washington Area 12th Annual Unity Campout

Friday, August 12 – Sunday, August 14
 Vandenberg Park, 6414 Fruitdale Road, Sedro Woolley
 Adults \$25 / Day Passes: adults \$10, children under 7 free!
 Family of four \$40
<http://bit.ly/1UkQtwT>

PNWCNA36 Fundraiser Salmon Dinner

Saturday, August 13
 Edmonds Lutheran Church, 23525 84th Ave W.
 \$25 per person
 Formal attire, please. Presale tickets only
 More info: pnw39fundraising@yahoo.com

Summer Sizzlers XXVIII

"Fun in Tri-Cities"
 Friday, August 19 – Sunday, August 21
 Richland Hanford House Red Lion Inn
 802 George Washington Way, Richland, WA 99352
<http://bit.ly/2aYsIir>

Speakers Wanted

Clean & Free 2017
 March 9 – 12, Ocean Shores, WA
 Main speaker and workshop speaker submissions due
 August 31, 2016
 Mail CDs to Clean & Free Programming, PO Box 1984,
 Auburn, WA 98071-1984

Speakers Wanted

WNIRCNA XXXI
 May 19 – 21, 2017
 Submissions due August 31, 2016
 Mail to PO Box WNIRCNA, 918 S Horton St, Suite 1003,
 Seattle, WA 98134
 Or email wnircna2017@gmail.com

NA Women by the Beach Retreat

Friday, September 16 – Sunday, September 18
 Warm Beach Conference Center
 20800 Marine Drive, Stanwood, WA 98292
 Register by August 31
<http://bit.ly/2b4g3Mj>

PNWCNA 39

"Healing Our Spirit"
 Second oldest convention in NA
 Friday, October 21 – Sunday, October 23
 Hilton Bellevue Hotel
 Register before September 10 for discounted pre-
 registration prices!
 Register online at wnirna-reg.org

Recovery By the River

Friday, August 26 – Sunday, August 28
SOLD OUT!

Save the Dates:

October Carnival: Saturday, October 29

More info TBA

Gratitude Dinner: Thursday, November 24

More info TBA



Got an article, anecdote, announcement or artwork you would like to share? We would love to hear from you! Send an email to the Newsletter Coordinator at newsletter@seattlena.org. Submissions may be edited for length, clarity, spelling/grammar, and/or compliance with our Traditions.