

Seattle Area Service Committee

January 4th, 2015

Lake City Community Center
12531 28th Ave NE
Seattle, WA 98125

**New GSR Orientation starts at 1:30PM
Admin Meetings start at 1:30 quarterly**

2015 SASC Calendar

~~January 4th/Admin Meeting~~

February 1st

March 1st

April 5th/Admin meeting

May 3rd

June 7th

July 12th/Admin meeting

August 2nd

September 13th

October 4th/Admin meeting

November 1st

December 6th

Opened with Serenity prayer: 2:00
SASC Statement of purpose read by: Art
Traditions read by: Tamara
Concepts read by: Rick
Vision of NA Service read by: Rauly

Announcements

- No smoking in the facility or under the awning
- Please turn off cell phones and pagers
- Please have all group donations to the treasurer prior to the break
- Don't worry about standing
- Note taking forms for GSRs available from secretary
- Please submit all Open Sharing Topics and Grievances prior to the break
- New motions *must* be submitted prior to New Business
- GSRs please fill out Group Reports and ensure that the secretary has your address (email or snail mail) for the minutes
- GSR Report forms, Motion forms, and SASC Guidelines are available at <http://www.seattlena.com>
 - Group reports can be submitted online prior to the next SASC
- Help is needed 10 minutes following Area to take down the room
- Please take any flyers or informational posters for your groups at the end of the meeting
- Next month's meeting is at Edmonds Lutheran church at 2pm.
- Motion to not read reports due to the street fair-passed

Roll Call of Service Members & Groups (See appendix A- Service Member/Group Roll call for full listing of attendance)

Last month's minutes-Approved

SASC Service member Reports:

Chair: Hello Family,

I am grateful to report that I had a rather easy final month of Chair activities which allowed me ample time to over indulge in Holiday shopping and eating. I Hope everyone had a great Holiday and myself along with lots of our members had a blast at the Activities New years event, the speakers were awesome and the dance and fellowshiping was well attended and very festive, thank you to activities for all your effort! I also enjoyed the breakfast burrito speaker meeting last month and look forward to the next unity day fundraiser Sponsorship dinner later this month, thank you to the Unity day Committee for all your efforts also. I covered the basic tasks, renewed the SASC PO Box for 2015 and distributed the monthly contents appropriately. I will also be attending Region and All Subs next week. In closing I would like to thank my fellow Officers and all of you for allowing me this opportunity over this last year to facilitate this Body. I have learned a lot more about our SASC from the internal side and definitely grown a lot more myself. I love Narcotics Anonymous and our Area and when I say Area I am speaking directly to all of you!

Again, Thank you for allowing me this opportunity,

Ray W

Vice Chair: Hello Family,

I just want to remind you of the open positions that we need to fill here at the Area level: SINAC Liaison Area Chair, Vice Chair, Recording Secretary, and Asst. Recording Secretary are all up for election. If you are interested in this position, please stay for the second half of our meeting, or if we don't fill it and you know of anyone that is willing, encourage them to come join us next month when we will also need to fill the positions of Activities Chairperson, Activities Treasurer, and Parliamentarian.

ILS,

Will C

Parliamentarian: Hello Family,

I apologize that I don't have the new set of guidelines for the GSRs today to start the review process. I will make sure that they get to the Secretary for sending out for next area. Speaking of next Area, I will not be able to be there. That will be the day my book launches and I have a previous engagement that afternoon. That is also the day of Parliamentarian elections and I will not be present to run again but hope that someone will want to take over the position. I will commit to mentoring anyone who is interested in the position. I will also commit to assisting with the responsibilities until July at the latest as we look for someone to fill this spot. It is crucial that we find someone who is committed to keeping the guidelines current.

In loving Service,
George BH

Recording Secretary: No report

Assistant Recording Secretary: No Report

Treasurer: *See Appendix B*

Assistant Treasurer: No Report-*See Treasurer Report Appendix B*

Literature Chair: Hello all,

Last month we sold \$1840.30. Our order was \$1773.83.

We are having a Traditions Book Project meeting on January 18th, 2015. It will be from noon -2:30 pm at the Shoreline Library. We will review the draft copy of the preamble (the introduction) and the 1st Tradition. Everyone is welcome. Come and be a part of writing NA literature.

In Service,
Josie S.

Activities Chair: *See Appendix B*

RCM:

Hi Family,

We have a couple of events coming up in our region that we can all pre-register for.

First, Clean & Free is being held March 12th - 15th in Ocean Shores, WA. Pre-registration forms are available online at WNIRNA.ORG. Also, WNIRCNA 30 is being held on May 8th - 10th in Kelso, WA. Pre-registration for that event is also available on our regional website, WNIRNA.ORG, as well.

Thank you for letting us be of service!!

Jake H and Steve F
Your RCM Team

RCM 2:

Conventions and Events Representative:

SINAC Liaison:

Unity Day Chair: Good afternoon,

The Unity Day committee is excited for our upcoming event on January 17th at 530 which is the sponsorship diner at prince of peace Lutheran church. Our menu will include a prime rib diner with garlic mashed potatoes green beans bread sticks and a desert coffee will be served and other refreshments will be available for purchase. We will also be having a vegan dish available for those who would prefer. Ticket sales are starting to pick up and as of now we've sold approximately 56. I would encourage everyone to purchase them so they may secure your seat as this event does sell out rather quickly. Unity day is also trying to do a dance for Valentine's Day. Our next big event coming in February is on the 21st and that's our taco talent show please start announcing it at your home groups so we can start organizing the line up and flyers are coming. We will have unity day sweatshirts available for pre sale starting at the sponsorship diner. We are going to be meeting our event coordinator as well as paying our balance due some time in February to plan our unity day event Thank you for allowing me to be of service.

Unity Day Chair, Tim H.

PR Chair: Happy new year everybody,

Your PR Subcommittee held its monthly meeting earlier today at this location. I want to thank Jimmy for filling in for me last month, I had some family obligations. I will be attending all-subs next month, if you have any topics for the regional public relations sub-committee please let me know.

I will start with the **Special Projects** budget as I understand there was some confusion and hopefully we will clear it up:

Bus signs – was 840, 15-20% higher \$1,008

Pride Parade - \$200

PI Literature - \$100

Books \$1039.50 (still have to pay the \$485.10)

= 2347.50

We have from PR 1 and 2: 2,489.55

Giving back \$142.5 (leftover), paying pack previous book order \$554.40 from Sept.

Total 696.45 back to excess funds

Frances M. has reached out to Titan advertising, our previous contractor for our bus signs and hopes to start negotiations later this month.

We will distributing 15 books per facility to Evergreen Manor, RCKC, and Seamar and have ordered soft cover books for the king county men and women's facility.

Hospitals & Intuitions; This month we oriented 1 new members for H&I and Helpline services. H&I conducted 30 panels last month and elected 0 new panel leaders.

OPEN PANELS: King County Jail Men – 2nd and 4th Mondays

KC Jail Status: We are working to stabilize our relationship with our contact at the King County Jail. If we can get a handful of men to commit to going on a panel 1 or 2 times per month we will pursue permission for clearance.

We are currently discussing the details to distribute literature to and potentially start a Friday night panel at Thunderbird. We still need to find out what exactly they are looking for. We are still trying to reach someone at Bishop Lewis. Juvenile detention center in Seattle are requesting literature and potentially starting up a panel. Looking at potentially starting a panel at Echo Glen

Schedules; The 1st quarter schedules are on the table. Please take a moment to check your meeting and contact info for any errors. Please check the bus number that is listed on the schedule for your homegroup. If you have any changes to the schedules please submit them to Travis B. If you have any questions, comments or changes please contact your schedules coordinator Travis B at schedules@seattlena.org or in person. Submitting a receipt for \$669.48 for Q1 schedules New cost will be \$734.36.

Web Site; Will C., our website coordinator, continues updating and maintaining our website. If you have any questions, concerns or have not been receiving electronic copies of the minutes please contact Will C. your Web coordinator at info@seattlena.org or his number is in the schedule. Also please send fliers with you events. You can list your name and email, but not your phone number. This is very helpful for addicts who do not know about events and comes up frequently on the helpline.

Helpline;

We are looking at switching phone companies Dimitri will call up Access-line and see if they can match the technology and price of Grasshopper. If they are unable to meet our needs, we will be coming back next month with a motion to change phone companies. The helpline coordinator is always looking for participants, if you are interested in learning more please contact Dimitri Z. at helpline@seattlena.org.

<i>Month</i>	<i>Total Calls</i>	<i>Auto Answer</i>	<i>Member Answer</i>	<i>& Of calls answered by members</i>
<i>October</i>	324	119	205	63%
<i>November</i>	355	106	249	70%
<i>December</i>	385	109	276	71%
<i>January</i>	280	90	190	68%
<i>February</i>	252	86	166	66%
<i>March</i>	416	219	197	47%
<i>April</i>	383	196	187	49%
<i>May</i>	264	98	166	63%
<i>June</i>	305	123	179	52%
<i>July</i>	452	180	262	56%
<i>August</i>	401		230	57%
<i>September</i>	419	158	250	59%
<i>October</i>	362	130	212	59%
<i>November</i>	447	156	269	57%

December	480	176	279	54%
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Outreach:

Break at: 3:16

Returned at: 3:26

New GSR Introductions:

- Lindsey
- Dennis B.
- Shane
- Toby
- Rick
- Dave
- Kathy
- Cassandra

GSR Announcements:

- Miracle in Progress-Men's meeting needs support
- Strengthening the spirit is no longer
- One step beyond, two homegroup members, needs support
- WGHY- Noise problem during the meeting due to other events going on, this is no longer. Come see us. Thank you to area and all the other meetings

Group Reports (Detailed reports are only provided of the GSRs who filled out a report form and turned it in at Area this month)

- A Simple Solution (Sunday - 7PM)
 - GSR: Jude H. Secretary: Kory Treasurer: Martha
 - Rent : \$25.00/month
 - \$22.00 SASC Donation
 - Ended the year with a wonderful potluck of delicious food and fellowship.
- AMNA (Monday, Wednesday, Friday - 10AM)
- An Atmosphere to Recovery (Tuesday - 6PM)
- Anything is Possible (Friday – 2PM)
- Back to Life (Tuesday - 8PM)
 - GSR: Toby M. Secretary: Rose Treasurer: Greg C.
 - Rent : \$75.00/month
 - \$110.00 SASC Donation
 - Well attended meeting by both male and female, spreading the strong message of recovery
- Ballard NA (Wednesday - 7:30PM)
- Basic NA (Daily - 6PM)
- Breakfast Of Champions (Saturday - 10AM)

- Circle of Hope (Monday - 7:40PM)
- Clean Living (Saturday - 8PM)
- D.O.A (Sunday - 8PM)
- Daily Fix (Monday, Wednesday, Friday - 6:15)
 - GSR: Open. Secretary: John/Vinnie/Bill Treasurer: Raleigh W.
 - Rent : \$/week
 - \$0 SASC Donation
 - Need people to show up and carry the message! Also need a GSR (one year clean, one year commitment)

- Destination Vashon (Saturday - 7PM)
- Dope Free in the CD (Friday - 8PM)
- East Shore NA (Sunday - 7PM)
- Freedom Group (Thursday - 8PM).
 - GSR: Kris W. Secretary: Treasurer: Bob S.
 - Rent : \$50.00/month
 - \$0 SASC Donation
 - Come share our program of recovery with our newer members on Capitol Hill-In Service, bob S.

- Friday Night Step Out (Friday - 8PM)
- Friday Night Step Study (Friday - 8PM)
- Generation RX (Friday - 6PM)
- High Noon (Wednesday - 12:15PM)
- Hope Dealers (Tuesday - 7:30PM)
- Hope Fiends (Monday-Saturday -12PM)
- Hugs Not Drugs (Thursday - 7:30PM).
 - GSR: Felicia S. Secretary: Eric Treasurer: Kia
 - Rent : \$/month
 - \$67.00 SASC Donation
 - Our meeting has grown in size and we welcome all.

- Insomniaddicts (Tuesday, Wednesday, Thursday - 10PM)
- It's Your Day (Tuesday - 1:30PM)
- Just 12 Steps & Traditions (Wednesday - 8PM)
- Just For Today (Sunday - 12PM)
- Just the Facts Ma'am (Tuesday - 7:15PM)
- What a great Monday meeting with free parking!
- Little Yellow House (Monday - 7PM)
 - GSR: Dennis B. Secretary: Ryan O. Treasurer: Sasha
 - Rent : \$40.00/month
 - \$104.10 SASC Donation
 - Great, intimate meeting. Ryan O. is celebrating 18 months next Monday! Come join us.

- Lovin' Spoonful (Sunday - 7PM)
- Men's Miracle in Progress (Saturday – 10:30 AM)
 - GSR: Shannon M. Secretary: Treasurer: Chucke
 - Rent : \$40.00/month
 - \$0 SASC Donation
 - Needs support

- MGLA (Monday, Wednesday, Friday - 12PM)
- Monday Night Raw (Monday - 8PM)
- Monday Night Recovery (Monday - 7:30PM)
- More will be Revealed (Tuesday-12-1pm)
 - GSR: Ron H. Secretary: Heather Treasurer: Henry
 - Rent : \$10.00/month

- \$20.00 SASC Donation
 - Could use homegroup members and support.
- NA Crosstalkers (Wednesday, Friday - 1:15PM)
- NA Regulars (Monday- 7PM)
- NA Soldiers (Tuesday - 12PM)
 - GSR: Raleigh W. Secretary: Raleigh W. Treasurer: Raleigh W.
 - Rent : \$/week
 - \$10.00 SASC Donation
 - Need people to take up service positions.
- Never Too Late (Friday, Saturday - Midnight)
- New Age Recovery (Wednesday - 3PM)
- No Matter What (Monday - 7PM)
- North Seattle Hardcore (Wednesday - 7PM)
- Northwest Addicts (Friday - 7:30PM)
- Nuevo Comienzo (Friday - 7PM)
- Oasis (Saturday - 7PM)
- On Fiyah IV Recovery (Thursday - 7:30PM)
- One Step Beyond (Monday - 7PM)
- R & R (Sunday, Monday - 10PM)
- Recipe For Recovery (Tuesday - 7:30PM)
- Recovery in Progress (Tuesday - 7:30PM)
- Recovery to Go (Tuesday - 7:30PM)
 - GSR: Kit Secretary: Treasurer: Kit
 - Rent : \$15.00/
 - \$18.00 SASC Donation
 - All is warm and toasty in Duvall and we get and stay clean in the lush valley setting.
- Reincarnation (Wednesday – 7PM)
 - GSR: Maddie B. Secretary: Jennifer Treasurer: Josh
 - Rent : \$130.00/quarter
 - \$0 SASC Donation
 - Our group is doing well, average 10-15 members a week, we could use more home group members to hold positions since we rotate every six months. Maddie B. and Josh are celebrating 18 months on January 7th, 2015.
- RVNA New Experience (Tuesday - 7:30PM)
 - GSR: Robert W. Secretary: Renea Treasurer: Chuckie G.
 - Rent : \$50.00/Day
 - \$0 SASC Donation
 - The group can use some support overall we are trusting the process and God
- S.O.S (Wednesday, Saturday - 7:30PM)
 - GSR: Josh C. Secretary: Kadin S./Leslie T. Treasurer: Nathan L.
 - Rent : \$135.00/month
 - \$0 SASC Donation
 - Lots of newcomers, could use support from members with time
- Safe Haven (Saturday - 7PM)
- Saturday Morning Women (Saturday – 10:30AM)
 - GSR: Jill C. Secretary: Nancy C. Treasurer: Lori R.
 - Rent : \$40.00/month
 - \$58.00 SASC Donation
 - Lots of good recovery at this all women's meeting. Plenty of time to share. We would love to see newcomers.
- Serenity Circle (Thursday - 7PM)
- So Fresh So Clean (Wednesday - 6PM)
- Sol Poor-Hoy (Saturday - 6:30PM)
- Spiritual Breakfast (Sunday - 10:30AM)

- Step Brothers (Wednesday - 7PM)
- Straight Ahead NA (Wednesday - 7:30PM)
- Sundays at Six (Sunday – 6pm)
 - GSR: Jennifer B./Kevin R. Secretary: Beau G. Treasurer: Oona G.
 - Rent : \$40.00/month
 - \$40.94 SASC Donation
 - All is well, nothing else to report.
- Sunday Starters (Sunday - 9:30AM)
 - GSR: Steve H. Secretary: Greg Treasurer: David R.
 - Rent : Buys breakfast/lunch from restaurant/every meeting
 - \$85.25 SASC Donation
 - Sunday Starters has an attendance of about 10 with 6 homegroup members.
- Take it or leave it (Friday - 8PM)
 - GSR: Eric H. Secretary: Jake H. Treasurer: Jamie
 - Rent : \$20.00/week
 - \$0 SASC Donation
- Taking the Steps (Thursday - 7:30PM)
- The Big Guise (Monday - 6:30PM)
- The Recovery Process (Wednesday - 7PM)
- The Way to a Miracle (Sunday - 7:30PM)
 - GSR: Ryan B. Secretary: Molly Treasurer: Todd
 - Rent :
 - \$0 SASC Donation
 - Needs support
- Three Rivers (Friday - 6PM)
- Top of the Hill (Monday - 7:30PM)
 - GSR: Lindsay Secretary: Jessica Treasurer: Demitti
 - Rent : \$10.00/month
 - \$13.56 SASC Donation
 - Good
- Tower of Power (Saturday - 8PM)
- Tuesday Night Special (Tuesday - 7:30PM).
- Vashon Women's NA (Tuesday - 1:15PM)
- We're Glad You're Here (Friday - 7:30PM)
 - GSR: Jacob R. Secretary: Tim Treasurer: Stacey K.
 - Rent : \$85.00/month
 - \$152.00 SASC Donation
- We're Not Alone (Sunday - 1PM)
 - GSR: Steve P. Secretary: Joe Treasurer: Melissa
 - Rent : \$
 - \$0 SASC Donation
 - At Country Village in Bothel, all are welcome.
- West Coast Recovery (Tuesday - 7PM)
- Women on the Move (Saturday - 10:30AM)
- Yes You Can (Saturday - 5:15PM)
 - GSR: Cassandra Secretary: Terry Treasurer: Dalerie
 - Rent : \$25.00/meeting
 - \$30.25 SASC Donation

F C We will be going bowling the 2nd Saturday of every month after the meeting for whoever would like to join.\

Treasurer's Report

SASC Treasurer December 2014

Total Income/Expenses	
Beginning Balance	\$11,673.65
Income	\$4,577.36
Expenses	(\$4,392.25)
Ending Balance	\$11,858.76

Ending Balance Consists of the Following Subaccounts	
General Fund	\$1,550.00
Activities	\$924.29
Literature	\$2,095.50
Unity Day 2013	\$4,409.82
Starter Packets	\$314.60
Outreach	\$75.00
PR Project #1	\$1,300.70
PR Package 2 Project #2	\$1,188.85
4th Quarter Available Funds	\$0.00
Total	\$11,858.76

Income	
Group Donations	\$1,175.28
Activities	\$87.50
Literature	\$1,865.30
Unity Day 2015	\$1,156.89
PR	\$259.10
7th Tradition	\$33.29
Total Income	\$4,577.36

Expenses	
<i>ASC Officers</i>	
<i>Parliamentarian</i>	\$0.00
PR	\$874.72
Admin.	\$633.00
RCM	\$89.50
Alt RCM	\$16.62

Secretary	\$0.00
Treasurer	\$118.11
Outreach	\$0.00
<i>Subtotal ASC Officers</i>	\$1,731.95
<i>Subcommittees</i>	
Activities	\$947.18
Literature	\$1,595.50
Unity Day 2015	\$0.00
10% Donation to Region	\$117.62
Starter Packets	\$0.00
<i>Subtotal ASC Subcommittees</i>	\$2,660.30
Total Expenses	\$4,392.25
Quarterly Stuff	
Transfer from Literature to Gen Fund (brings LIT to last invoice + 500.00)	169.23
Transfer from General Fund to brings Gen Fund to 1550.00	583.56
Activities	

Quarterly SASC

Year: 2015

Budget Report

Quarter: 2nd

Average Monthly Donations = 1,385.27

- 10% 1138.52 = 1,246.75

x 3 3,740.25 = Available to budget

\$176.01 under 1st Qtr.

	<u>4th Qtr.2014</u>	<u>1st Qtr.</u>	<u>2nd Qtr</u>
	Previous Budget	Current Budget	Next Qtr. Budget
PR	\$ <u>1,833.00</u>	\$ <u>1,900.00</u>	\$ <u>1792.25</u>
SASC Admin	\$ <u>1,776.00</u>	\$ <u>1,600.00</u>	\$ <u>1590.00</u>
RCM	\$ <u>89.50</u>	\$ <u>100.00</u>	\$ <u>89.50</u>
Alt. RCM	\$ <u>89.50</u>	\$ <u>100.00</u>	\$ <u>89.50</u>
Secretary	\$ <u>35.00</u>	\$ <u>40.00</u>	\$ <u>35.00</u>
Parliamentarian	\$ <u>100.00</u>	\$ <u>100.00</u>	\$ <u>.00</u>
Treasurer	\$ <u>44.00</u>	\$ <u>60.00</u>	\$ <u>44.00</u>
Outreach	\$ <u>0.00</u>	\$ <u>16.26</u>	\$ <u>100.00</u>
_____	\$ _____	\$ _____	\$ _____
	Budget Total	Budget Total	Budget Total
	\$ <u>3,641.00</u>	\$ <u>3,916.26</u>	\$ <u>3,740.25</u>

