

**SUNDAY - CENTRAL**

**NOON 1HR Just For Today NA**, Peer Seattle, 1520 Bellevue Ave STE 100, Seattle, WA (**LGBT**)

**3:00PM 1.5HR The Journey Continues NEW!**, Fountain Court Apartments, IP meeting. Meeting held in community room. Gate code 9992. Street parking is free., 2400 4th Ave, Seattle, WA (**O,LS**) *Needs support.*

**6:00PM 1.25HR From the Streets to the Seats**, Cherry Fellowship Hall, 2701 East Cherry Street, Seattle, WA (**O**) Bus: 3, 8, 48

**SUNDAY - EAST**

**7:00PM 1.5HR Carry The Message**, Hope Hall, 8305 Meadowbrook Way SE, Snoqualmie, WA *Needs Support*

**7:00PM 1.5HR Eastshore NA**, Newport Covenant Church., 12800 SE Coal Creek Pkwy SE, Bellevue, WA (**O,D,WC**) Bus: 222, 240

**SUNDAY - NORTH**

**9:30AM 1.5HR Sunday Starters**, Shay's Restaurant, 15744 Aurora Ave N, Shoreline, WA (**O,D,Ti,WC,HY**) Bus: E line  
Zoom ID: 179 357 323 Passcode: sunday

**6:00PM 1.5HR Sundays at Six**, Edmonds Lutheran Church, Upstairs, next to kitchen, 23525 84th Ave W, Edmonds, WA (**O,D,BK**) Bus: CT 115

**6:30PM 1HR Pink Progress Club**, Luther Memorial Lutheran Church, Women, trans, nonbinary and queer people, 13047 Greenwood Ave N, Seattle, WA (**LGBT,W,NB**)

**6:30PM 1.25HR Sunday Night Underground NEW!**, The Other Place, Entrance in the back alley, 235 SW 153 St., Burien, WA (**O,D,BK**) *Needs Support*

**SUNDAY - ONLINE ONLY**

**NOON 1.5HR Hope Fiends**, Seattle, WA (**O,D,VM**) *Needs Support*  
Zoom Meeting ID: 108 261 693

**NOON 1.5HR The Lie is Dead**, Seattle, WA (**SD,To,VM**)  
Zoom ID: 675 969 8057, Passcode: JFT (all caps)

**7:00PM 1.5HR A Simple Solution**, Seattle, WA (**O,D,VM**)  
Zoom Meeting ID: 852 3714 2182 Passcode: 303870

**9:00PM 1.5HR Up Late In Washington State**, Seattle, WA (**O,SD,VM**)  
Zoom ID: 793 750 7408, Has Closed Captions

**MONDAY - CENTRAL**

**6:00PM 1HR Light The Way NA**, St. Peter's Episcopal Parish, Lower level entrance, East of the main door, 1610 South King St., Seattle, WA

**7:00PM 1.5HR NA Regulars**, Central Lutheran Church, 1710 11th Avenue, Seattle, WA (**O,D,LGBT,WC**) *Needs Support* Bus: 7, 9, 10, 14, 43, 49, 60

**MONDAY - NORTH**

**10:00AM 1HR AM NA**, Lynnwood Alano Club, 3717 196th St SW Unit 205, Lynnwood, WA (**O,D**)

**5:00PM 1HR Hope Not Dope**, Auburn Post Acute Care, 414 17th St. SE., Auburn, Id# 674 737 5092 Password HOPE

**6:45PM 1HR The After-Party**, Luther Memorial Lutheran Church, 13047 Greenwood Ave N, Seattle, WA (**O,LGBT,RF,W,BK,G,L,LS,NB**) *Open to LGBTQIA+ and women*

**7:00PM 1.25HR Last House On The Block**, Ronald United Methodist Church, Meeting room at rear carpark, 17839 Aurora Ave N, Shoreline, WA *Needs Support* Bus: 348, E Line

**7:00PM 1.5HR Monday Night Recovery**, Maplewood Presbyterian Church, 19523 84th Ave W, Edmonds, WA (**O,D,St,BK,HY**) Bus: CT 107, 113, 115, 116  
Zoom ID: 840 4277 0109 Passcode: MNR

**MONDAY - SOUTH**

**6:30PM 1.25HR Monday Night Surrender**, Church By The Side of the Road, Starts April 27th, 3455 S 148th St, Tukwilla, WA (**O,B,SD**)

**7:00PM 1.33HR Monday Night Raw**, El Centro de la Raza, 2524 16th Ave S, Seattle, WA (**O,SD,BK**) 1 Line

**MONDAY - ONLINE ONLY**

**NOON 1.5HR Hope Fiends**, Seattle, WA (**O,D,VM**) *Needs Support*  
Zoom ID: 108 261 693

**7:00PM 1HR Beyond Belief**, All are welcome to this atheist and agnostic friendly meeting, Edmonds, WA (**O,D,Ag,VM**)

Zoom ID: 890 0409 1916 Passcode: secularna

**7:00PM 2HR Late Night Vaccine**, Seattle, WA (**SD,W,VM**) Bus: 3, 8, 48  
Zoom ID: 841 5343 9841 Passcode: QUEENS

**7:00PM 1.5HR Little Yellow House of Recovery**, Edmonds, WA (**O,D,St,BK,VM**)

Zoom ID: 882 1661 7405 Passcode: LYHR

**9:00PM 1.5HR Up Late In Washington State**, Seattle, WA (**O,SD,VM**)  
Zoom ID: 793 750 7408 (Has Closed Captions)

**TUESDAY - CENTRAL**

**6:00PM 1.25HR More NA @ Cherry Hall**, Cherry Fellowship Hall, 2701 East Cherry St, Seattle, WA (**O**) Bus: 3, 8, 48

**TUESDAY - EAST**

**7:00PM 1.25HR Peak Recovery**, East Side Fire and Rescue Headquarters, South side entrance, 175 Newport Way NW, Issaquah, WA (**O,RF,SD,St,Tr,LC**) *Opens at 6pm for step writing. Entrance at left side of building under East Side Fire and Rescue Headquarters.*

**7:00PM 1.25HR Quick Fix**, Lake Washington United Methodist Church, 7525 132nd Avenue NE, Kirkland, WA (**O,LS**) Bus: 238

**7:30PM 1.25HR Recovery in Progress**, Faith Lutheran Church, Doors open at 7pm, 9041 166th Avenue Northeast, Redmond, WA (**O,D,St,Tr,BK,HY**)  
*Step Study 630pm - 7:25pm every Tuesday* Bus: 221, 230  
Zoom ID: 890 261 4808 Passcode: RIP2020

**TUESDAY - NORTH**

**6:45PM 1.25HR Just the Facts Ma'am**, Filipino-American Church, Meets downstairs Women & Non-binary Meeting, 8018 Fremont Avenue N, Seattle, WA (**W,NB**) Bus: 5, E line

**7:00PM 1HR Back to Life**, Woodland Park Presbyterian Church, 225 N 70th St, Seattle, WA (**O,D**) *Meeting entrance on corner of 70th and Palatine, gated fence with stairwell leading to basement* Bus: 5

**7:00PM 1.25HR Ruby Tuesday**, 17839 Aurora Ave N, Shoreline, WA (**O**)  
*Entrance in the back. Parking in front or back.* Bus: 348, E Line

**7:30PM 1.5HR West Coast Recovery**, Bothell United Methodist Church, 18515 92nd Ave NE, Bothell, WA (**O**)

**TUESDAY - ONLINE ONLY**

**NOON 1.5HR Hope Fiends**, Seattle, WA (**O,D,VM**) *Needs Support*  
Zoom ID: 108 261 693

**6:00PM 1HR An Atmosphere of Recovery**, Seattle, WA (**O,LGBT,BK,VM**)  
Zoom ID: 453040863

**9:00PM 1.5HR Up Late In Washington State**, Seattle, WA (**O,SD,VM**)  
Zoom ID: 7937507408 (Has Closed Captions)

**WEDNESDAY - CENTRAL**

**6:30PM 1HR RAW (Recovery At Work)**, St. Peter's Episcopal Parish, Lower level entrance, East of the main door, 1610 South King St., Seattle, WA (**WC,LS**) Bus line #8

**WEDNESDAY - EAST**

**7:30PM 1.5HR Removing the Mask**, Life Community Church, Meets downstairs in church. Service dogs only. Join us for stepwork at 6:30pm, 232 5th Ave S, Kirkland, WA (**O**)

**WEDNESDAY - NORTH**

**10:00AM 1HR AM NA**, Lynnwood Alano Club, 3717 196th St SW Unit 205, Lynnwood, WA (**O,D**)

**7:00PM 1.5HR Recovery in the U**, University Lutheran Church, 1604 NE 50th St, Seattle, WA (**O,SD**)

**7:00PM 1HR Step Brothers**, 2115 North 42nd Street, Seattle, WA (**O,D,M,HY**) Bus: 26, 31, 32, 44

Zoom ID: 749 5109 0426, Passcode: sb1953

**7:30PM 1.5HR Straight Ahead NA**, United Methodist Church, West Entrance, 828 Caspers Street, Edmonds, WA (**O,D,WC**)

**WEDNESDAY - SOUTH**

**7:00PM 1.25HR RVNA New Experience**, El Centro de la Raza, 2524 16th Ave S, Seattle, WA (**O,D**) *Needs Support*

**WEDNESDAY - ONLINE ONLY**

**NOON 1.5HR Hope Fiends**, Seattle, WA (**O,D,VM**) *Needs Support*  
Zoom Meeting ID: 108 261 693

**7:30PM 1.5HR More Will Be Revealed**, Seattle, WA (**VM**)  
Zoom ID: 4840 044 5689 Password: MORE

**9:00PM 1.5HR Up Late In Washington State**, Seattle, WA (**O,SD,VM**)  
Zoom ID: 793 750 7408 (Has Closed Captions)

**THURSDAY - CENTRAL**

**7:00PM 1.25HR Roses and Thorns**, Cherry Hall Fellowship Hall, 2701 E Cherry St, Seattle, WA (**W,LS**)

**THURSDAY - EAST**

**7:15PM 1.25HR Principles Not Personalities - NEW!**, Alano Club of the Eastside, Enter through door facing big gravel parking lot, 12302 NE 8TH ST, Bellevue, WA

**THURSDAY - NORTH**

**6:00PM 1HR Grateful on Greenwood**, Salvation Army, Meeting room upstairs - please use the elevator. Free parking, 9501 Greenwood Ave N, Seattle, WA (**O,D**) Bus: 5

**7:00PM 1HR Feel It to Heal It**, Edmonds Lutheran Church, 23525 84th Ave W, Edmonds, WA (**CL,LGBT,NB**) *Open to women and LGBTQIA+ people. Ring doorbell for entry.*

**7:00PM 1.5HR Serenity Circle**, St. Paul's United Church of Christ, 6512 12th Ave NW, Seattle, WA (**O,D,Ti,WC**) Bus: 28, D line

**7:30PM 1.5HR Hugs not Drugs**, Maplewood Presbyterian Church, 19523 84th Ave W, Edmonds, WA (**O,D,WC,HY**) Bus: CT 196  
Zoom ID: 869 9679 0126 Passcode: fuckcovid

**THURSDAY - ONLINE ONLY**

**NOON 1.5HR Hope Fiends**, Seattle, WA (**O,D,VM**) *Needs Support*  
Zoom ID: 108 261 693

**7:00PM 1.25HR West Seattle NA**, Seattle, WA (**O,D,VM**) MEETS VIRTUALLY  
Zoom ID: 493 138 7306 Passcode: 196908

**9:00PM 1.5HR Up Late In Washington State**, Seattle, WA (**O,SD,VM**)  
Zoom ID: 793 7507 408 (Has Closed Captions)

**FRIDAY - CENTRAL**

**2:00PM 1.5HR Anything is Possible**, Gideon Mathew Apts., Community Room, NW corner of 25th and Jackson, 323 25th Ave S, Seattle, WA (**O,D,WC,HY**) Bus: 4, 8, 48  
Zoom ID: 516 088 3462 Passcode: 619 753

**8:00PM 1.5HR Dope Free in the CD**, Cherry Fellowship Hall, 2701 East Cherry Street, Seattle, WA (**O,D,HY**) Bus: 3, 8, 48  
Zoom ID: 812 7587 9456 Passcode: Cherryhall

**10:00PM 1.5HR We Do Recover**, Cherry Fellowship Hall, 2701 East Cherry Street, Seattle, WA (**O,D**) Bus: 3, 8, 48

**FRIDAY - EAST**

**7:30PM 1.5HR Recovery to Go**, "The Hub" Redemption Church, 15305 Main St NE, Duvall, WA (**O,D**)

**8:00PM 1.25HR Take It or Leave It**, Lake Washington United Methodist Church, 7525 132nd Avenue NE, Kirkland, WA (**O,D**) Bus: 238

**FRIDAY - NORTH**

**10:00AM 1HR AM NA**, Lynnwood Alano Club, 3717 196th St SW Unit 205, Lynnwood, WA (**O,D**)

**6:30PM 1HR #CleanAF**, Greenwood Fellowship Hall, 300 NW 85th St, Seattle, WA (**O**) *Enter from alley. Street parking.*

**7:30PM 1.5HR Northwest Addicts**, Good Shepherd Baptist Church, 6915 196th Street SW, Lynnwood, WA (**O,CL,D**) Bus: CT 196

**7:30PM 1.5HR We're Glad You're Here**, Edmonds Lutheran Church, Downstairs, West entrance, 23525 84th Avenue West, Edmonds, WA (**O,D,HY**)  
Zoom ID: 103 533 628 Passcode: Friday

**FRIDAY - ONLINE ONLY**

**NOON 1.5HR Hope Fiends**, Seattle, WA **(O,D,VM)** Needs Support

Zoom Meeting ID: 108 261 693

**7:00PM 1.5HR Friday Night Step Study**, Bellevue, WA **(St,VM)**

Zoom ID: 889 9438 7176

**10:00PM 1.5HR Up Late In Washington State**, Seattle, WA **(O,SD,VM)**

Zoom ID: 793 750 7408 (Has Closed Captions)

**SATURDAY - CENTRAL**

**10:00AM 1.5HR Breakfast of Champions**, Recovery Cafe, 2022 Boren

Avenue, Seattle, WA **(O,D,St,Tr,Hy)** Bus: 8

Zoom ID: 479 215 679 Passcode: UNITY

**10:30AM 2HR Miracles in Progress (Men's Meeting)**, Cherry Fellowship

Hall, 2701 East Cherry Street, Seattle, WA **(M,WC,BK,Hy)** Bus: 3, 8, 48

Zoom ID: 831 1131 7811 Passcode: kcb

**SATURDAY - EAST**

**4:00PM 1HR What's In The Bag**, Eastside Alano Club - Back Room, 12302

NE 8th St, Bellevue, WA Needs Support

**SATURDAY - NORTH**

**NOON 1.5HR Hope Fiends First Saturdays**, Luther Memorial Church, First

Saturday of each month ONLY, 13047 Greenwood Ave, Seattle, WA **(O,D)**

First Saturday of Each Month Only

**5:15PM 1.5HR Yes You Can NA**, Maplewood Presbyterian Church, 19523

84th Ave W, Edmonds, WA **(O,D)**

**7:00PM 1.5HR Tower of Power**, Journey Christian Church, Main church

entrance, 1933 NE 125th St., Seattle, WA **(O,WC,Hy,G)** Metro bus #75

Zoom ID: 810 8657 6892 Passcode: tower

**7:30PM 1HR It's Fine, I'm Fine, Everything's Fine**, Faith Lutheran

Church, No Children Allowed, 8208 18th Ave NE, Seattle, WA

**SATURDAY - WEST**

**7:00PM 1.5HR The Oasis**, Meeting is in the basement behind the

sanctuary, 7100 35th Ave SW, Seattle, WA **(O,RF)** Bus: 21

**SATURDAY - ONLINE ONLY**

**9:00AM 1HR The Safe Place NA**, Seattle, WA **(O,LGBT,BK,VM)**

Zoom ID: 438 552 4075 Passcode: safe

**NOON 1.5HR Hope Fiends**, Seattle, WA **(O,So,VM)** Needs Support Except

First Saturday of each month

Zoom Meeting ID: 108 261 693

**7:00PM 1.5HR Safe Haven**, Seattle, WA **(O,D,VM)**

Zoom ID: 891 733 972

**7:00PM 1.5HR Saturday Sisters**, Seattle, WA **(VM)**

Zoom ID: 108 261 693

**9:00PM 1HR Recovery Mamas**, Seattle, WA **(C,LGBT,SD,W,VM,NB)**

Moms Only Zoom ID: 201 715 3924 Passcode: Hope

**10:00PM 1.5HR Up Late In Washington State**, Seattle, WA **(O,SD,VM)**

Zoom ID: 793 750 7408 (Has Closed Captions)

**MEETING FORMAT LEGEND**

|      |                 |    |                    |
|------|-----------------|----|--------------------|
| B    | Beginners       | C  | Closed             |
| CL   | Candlelight     | D  | Discussion         |
| LGBT | LGBTQ+          | G  | Gay                |
| M    | Men             | O  | Open               |
| RF   | Rotating Format | SD | Speaker/Discussion |
| So   | Speaker Only    | St | Step               |
| Ti   | Timer           | To | Topic              |
| Tr   | Tradition       | W  | Women              |
| WC   | Wheelchair      | BK | Book Study         |
| Ag   | Agnostic        | LC | Living Clean       |
| VM   | Virtual Meeting | HY | Hybrid Meeting     |
| L    | Lesbian         | LS | Literature Study   |
| NB   | Non Binary      |    |                    |

**NAMES / PHONE NUMBERS**

Call before you use!

✓ Means people willing to sponsor

**NARCOTICS ANONYMOUS MEETING LIST**



**SEATTLE AREA**

<https://seattlena.org>

**JULY 2026**

**24 HOUR HELPLINE**

**206-790-8888**

or Washington/Northern Idaho Region  
Helpline 888-290-1953

Seattle Area meetings are in-person, online, or a hybrid of both. To join a zoom meeting, start the zoom application and enter the Meeting ID and password. Some meetings can also be joined by phone by calling 253-215-8782 or 669-900-6833, then entering the Meeting ID.

Groups are listed at their request. A directory listing does not imply NA approval or endorsement of any group.

Meeting schedules are subject to change between printings. Check the website or call the helpline for up-to-date information. For new or changed meeting information please email the web coordinator at [web@seattlena.org](mailto:web@seattlena.org)

Meetings Weekly: 83

**SERENITY PRAYER**

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.