

## **Seattle Area Service Committee (SASC)**

**Date:** September 10th, 2023

**Location:** In person ONLY at:

Seattle First Baptist Church

1111 Harvard Ave

Seattle, WA 98122

### **Start times:**

Admin meetings happen quarterly prior to the SASC at 11:00am.

Audits are quarterly and occur during the admin meeting.

### 2023 SASC Dates

<b>SASC meeting dates (monthly)</b>	<b>SASC audit meetings (quarterly)</b>
January 8, 2023	Q1: January 8, 2023
February 5, 2023	
March 5, 2023	
April 2, 2023	Q2: April 2, 2023
May 7, 2023	
June 4, 2023	
July 9, 2023	Q3: July 9, 2023
August 6, 2023	
September 10, 2023	
October 1, 2023	Q4: October 1, 2023
November 5, 2023	
December 3, 2023	

### **Overview of August Minutes:**

- *Open positions:*
  - *Conventions and Events Representative*
  - *Assistant Recording Secretary*
  - *Fellowship Development Chair*
  - *Unity Day Chair*
- *No nominations*
- *There were 2 topics for open discussion:*
  - *Topic 1: Midnight Fremonsters related event*
    - *A discussion on whether or not the fliers for the event at Seward Park connected to the homegroup Fremonsters could be given away at area*

*took place*

- *Topic 2: Dissolving SASC Subcommittees*
  - *The service body discussed possibly dissolving the Fellowship Development Subcommittee as it has been inactive for over a year.*
- *The motion to accept July's minutes was tabled due to a discrepancy in Group Contributions*

**Opened with Serenity Prayer: Keith**

**SASC State of Purpose read by: Alexander**

**12 Traditions read by: Maia**

**12 Concepts read by: Tamara**

**Vision of NA Service read by:**

### **Opening Statements and Announcements for SASC**

- Next area will be **October 1st**
- Please turn off or silence cell phones.
- Please submit all Open Sharing Topics and Grievances prior to the break.
- New motions *must* be submitted prior to New Business.
- GSRs: please fill out Group Reports and ensure that the Secretary has your email address for the minutes.
- GSR Report Forms, Motion Forms, and SASC Guidelines are available at [www.seattle-na.org](http://www.seattle-na.org).
- Group Reports can be submitted online prior to the next SASC.
- Contributions can be mailed via check to:

Seattle Area Service Committee  
P.O. Box 70404  
Seattle, WA 98127-0404

Or via the Zell app by searching for [Treasurer@seattlena.org](mailto:Treasurer@seattlena.org) Tyler is the current treasurer and can be contacted via [www.seattlena.org](http://www.seattlena.org) for a confirmation or receipt.

Or bring a check or cash to the SASC with a Group Contribution Receipt

**Roll Call of Service Members and Groups (See appendix A- Service Member/Group Roll Call for full listing of attendance)**

<i>Service Members: X = Present A =Absent O = Open Position</i>	<i>Admin Meeting 11:00 am (quarterly)</i>	<i>SASC Start 1:00 pm</i>
<i>Chair</i>		<i>X</i>
<i>Vice Chair</i>		<i>X</i>
<i>Recording Secretary</i>		<i>X</i>
<i>Assistant Recording Secretary</i>		<i>O</i>
<i>Treasurer</i>		<i>X</i>
<i>Assistant Treasurer</i>		<i>X</i>
<i>Literature</i>		<i>X</i>
<i>RCM(1)</i>		<i>X</i>
<i>RCM(2)</i>		<i>A</i>
<i>PR Chair</i>		<i>X</i>
<i>Unity Day 2023 Chair</i>		<i>O</i>
<i>Convention and Events</i>		<i>O</i>
<i>Sinacc Liaison</i>		<i>X</i>
<i>Fellowship Development</i>		<i>O</i>

<b>Home Groups</b>	<b>First Half</b>	<b>Second Half</b>
<b>Total Number of Seattle Area Home Groups (per current NA meeting schedule)</b>	<b>92</b>	<b>92</b>
<b>Total Home Groups Represented</b>	<b>22</b>	
<b>Total Voting Group Service Member Voting (by show of hands)</b>	<b>20</b>	<b>16</b>
<b>Total Home Groups Absent</b>		

## **SASC Service Member Reports**

### **Chair**

I don't have much to report.

I am still going to various meetings to make announcements about SASC open positions and encouraging members to come and participate.

I have checked our PO Box and have given the mail to Assistant Treasurer.

I have been in with Darren, the contact for SFBC with confirming next years' meetings dates. Stay tuned for that.

In the spirit of unity and service

Keith J

### **Vice-Chair**

Hi friends,

Not much to say this month. I feel like I'm getting the hang of my position and figuring out how to help make sure the guidelines are being followed during our SASC meetings. I enjoy being here to help things run as smoothly as they can!

I am continuing to share about our open positions at meetings that I go to throughout the week so we can get things at the area level running at full capacity.

To be frank, I continue to drop the ball on GSR orientations. I will make sure this doesn't happen again for the month of October.

Thanks y'all!

Kelsey G  
Vice Chair SASC

### **Recording Secretary**

Hello everyone,

I am currently looking for an assistant recording secretary. This is already a manageable amount of work for me, so having an assistant will make both of our positions super easy.

To guarantee that your reports for your groups get in the minutes fill out a group report form or fill it out digitally at [seattlena.org](http://seattlena.org).

ILS,  
Andrew V  
(206) 604-0926

**Assistant Recording Secretary**

Open position

**Treasurer**

To: Seattle Area Service Committee of Narcotics Anonymous

From: Tyler E. (Treasurer)

Date: 09/11/2023

- The ledger balance and bank balances matched this month. Please see accompanying statement for details.
- I have emailed the statement out to the recording secretary, chair and vice chair for distribution with the minutes.
- Groups that wish to contribute to SASC may do so in two ways:
- Write a check (Payable to Seattle Area Fellowship) and mail it to:  
PO Box 70404, Seattle, WA, 98127
- You may download the Zelle App, sign up to start using it, and send money to SASC at Treasurer@SeattleNA.org. Directions:
- Download Zelle App
- Enroll using a debit card linked to a checking account; or
- Enroll using a US checking account using your bank login information, if your bank supports this feature
- Choose a person to pay (Treasurer@SeattleNA.org)
- Confirm the amount and hit send. Please remember to include your home group name so that your group is credited for the contribution.

SASC Treasurer's Report	Start of Qtr 3	July 2023	August 2023	September 2023	End of Qtr 3
<b>Summary of Income/Expenses</b>					
<b>Beginning Balance</b>		\$23,647.55	\$19,209.23	\$9,088.75	
<b>Total Income</b>		\$2,101.25	\$1,842.18	\$0.00	
<b>Total Expenses</b>		\$6,539.57	\$11,962.66	\$0.00	
	<b>Ending Balance</b>	\$23,647.55	\$19,209.23	\$9,088.75	\$9,088.75
<b>Ending Balance Consists of the Following Subaccounts</b>					
General Fund		\$2,373.97	\$1,749.65		
Literature		\$2,383.99	\$1,989.10		
Unity Day 2023		\$5,000.00	\$5,000.00		
Starter Packets		\$350.00	\$350.00		
Excess Funds		\$9,101.27	\$0.00		
	<b>Ending Balance</b>	\$19,209.23	\$9,088.75	\$0.00	\$0.00
<b>Income</b>					
					<b>Total Qtr</b>
Group Contributions		\$970.25	\$359.74	\$0.00	\$1,329.99
Literature		\$1,131.00	\$1,329.28	\$0.00	\$2,460.28
Unity Day 2025		\$0.00	\$0.00	\$0.00	\$0.00
General Fund		\$0.00	\$153.16	\$0.00	\$153.16
Fellowship Development		\$0.00	\$0.00	\$0.00	\$0.00
	<b>Total Income</b>	\$2,101.25	\$1,842.18	\$0.00	\$3,943.43
<b>Expenses</b>					
					<b>Total Qtr</b>
<b>SASC Officers</b>					
PR		\$17.49	\$391.59	\$0.00	\$409.08
Admin.		\$778.79	\$625.63	\$0.00	\$1,404.42
RCM-1		\$0.00	\$0.00	\$0.00	\$0.00
RCM-2		\$0.00	\$120.00	\$0.00	\$120.00
Secretary		\$0.00	\$0.00	\$0.00	\$0.00
Treasurer		\$0.00	\$0.00	\$0.00	\$0.00
Fellowship Dev.		\$0.00	\$0.00	\$0.00	\$0.00
C&E Rep		\$100.00	\$0.00	\$0.00	\$100.00
	<b>Subtotal SASC Officers</b>	\$896.28	\$1,137.22	\$0.00	\$2,033.50
<b>Subcommittees/Special Projects</b>					
Literature		\$742.61	\$1,724.17	\$0.00	\$2,466.78
Unity Day 2023		\$0.00	\$0.00	\$0.00	\$0.00
Starter Packets		\$0.00	\$0.00	\$0.00	\$0.00
Excess Funds		\$0.00	\$0.00	\$0.00	\$0.00
	<b>Subtotal SASC Subcommittees/Special Projects</b>	\$742.61	\$1,724.17	\$0.00	\$2,466.78
<b>Donations</b>					
10% Donation to Region		\$0.00	\$0.00	\$0.00	\$0.00
Quarterly Donation to World		\$1,400.19	\$0.00	\$0.00	\$1,400.19
Quarterly Donation to Region		\$3,500.49	\$9,101.27	\$0.00	\$12,601.76
	<b>Subtotal Donations</b>	\$4,900.68	\$9,101.27	\$0.00	\$14,001.95
	<b>Total Expenses</b>	\$6,539.57	\$11,962.66	\$0.00	\$18,502.23

Year	2023
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Sum of Amount	Month								Grand Total
Group Name	01	02	03	04	05	06	07	08	
Atmosphere of Recovery				53.50	87.00				140.50
Breakfast of Champions	22.00	60.00	44.00		39.50	21.00	30.00	21.11	237.61
Downtown Tower			264.00		81.00	134.50	142.25		621.75
Eastshore NA	370.00	15.00	30.00				130.00	62.00	607.00
Enby & Queer Women's		164.82							164.82
From The Streets To The Seats				20.00	4.50				24.50
Grateful on Greenwood	111.00		220.13	300.00		235.75			866.88
Hugs not Drugs	105.00	100.00	100.00		51.00		60.00	40.00	456.00
It's Fine I'm Fine Everything's Fine							27.00		27.00
Just For Today			40.00						40.00
Just the Facts Ma'am	66.50	97.00	38.50			151.50			353.50
Keep It Simple Sisters Committee								100.00	100.00
Little Yellow House of Recovery			147.00		147.00			96.50	390.50
Monday Nite Raw			65.00						65.00
NA Regulars					86.50		100.00	100.00	286.50
Naomi L	25.00	25.00	25.00						75.00
Removing the Mask			197.00		20.00				217.00
Serenity Circle	41.00	195.00					299.00		535.00
Step Brothers	55.00	50.00	50.00		62.50	45.43	24.00		286.93
Straight Ahead NA				100.00					100.00
Sunday Starters		60.00	136.36	64.00	50.00	95.00	158.00	93.74	657.10
The After Party	30.00		100.00		30.00	60.00		50.00	270.00
The Lie is Dead			50.00						50.00
Tower of Power	93.00		248.00	12.00	131.00	146.00		216.00	846.00
Up Late in Washington State			228.70	58.00					286.70
Grand Total	918.50	766.82	1,983.69	607.50	790.00	889.18	970.25	779.35	7,705.29

**Assistant Treasurer**

No report

**RCM 1**

Hello y'all,

Next region will be held oct. 14 and 15.

There is a major motion from the region that needs to be sent back to home groups. The motion is to bring the Circle of sisters convention to the WIRNA region in 2026. Please bring it back to your home groups to vote on, and then bring your vote back to the area in October.

A little bit about circle of sisters.

Circle of sisters in Seattle Feb/March 2026

History

- The first convention, then called the Pacific Northwest Regional Women's Convention of Narcotics Anonymous, Circle of Sisters #1, took place from February 20-22, 1998, at the Doubletree Inn, Portland. Over 500 women attended.

1. Seattle, WA hosted COS in 1999 and 2004.

Why

- Circle of Sisters began its journey in the Pacific Northwest, where a group of committed women pulled together, working tirelessly to introduce a women's convention to Narcotics Anonymous. There is a new generation that is thrilled at the potential of bringing this convention back to the Pacific Northwest.

#### Funding

- After expenses 25% of the revenue from 2 years ago COS and 50% of revenue from the last COS will be the current COS seed money.
- Already fundraising subcommittee

#### Resumes

- 13 committee members
- 40 willing volunteers

#### Complete Convention Rough Budgets

- Prior COS
- C&F

#### Hotel and Transportation

- 3 major downtown hotels
- 1. Can accommodate 1800
- Rough drafts coming

If you would like more detailed information about the circle of sisters bid process, and worksheets from the committee

Breaking things down, please see me after the meeting and I will get them to you.

Official Motion:

Motion #155.2

Date: 7/15/23

Motion Made by: Shamay T Representing: COS Bid Committee Secretary Representative



Seconded by: Bonner

Representing: West Puget Sound

I move: we move that WNIRNA and C&E supports and signs the form for a bid for COS 2026.

Intent: To bring a national women's convention to our Region and build unity across the region

Rationale: COS began in the PNW and we have a new generation of excited women who are wanting to build community

Financial Impact: Though there is no funds that we are asking for today. Region would be responsible for any unpaid bills.

Major Motion: \_\_\_\_\_

Non-Major Motion: \_\_\_\_\_

Motion Requires: simple majority \_\_\_ 2/3 majority \_\_\_\_\_ Other \_\_\_\_\_

Motion must go back to Area/groups: yes \_\_\_\_\_ no \_\_\_\_\_

In-favor: \_\_\_\_\_ against: \_\_\_\_\_ abstention: \_\_\_\_\_

Motion Disposition: Passed \_\_\_\_\_ Failed: \_\_\_\_\_

As always my official region notes are attached.

Thank you,

Violet D.

*\*See region notes at end of minutes*

## **RCM 2**

Hi Everyone,

My plans this summer for a couple of specific trips that are important to me, affected my ability to attend Area. The first trip in September and the 2nd in October. I apologize for my travel plans interfering with my commitment to Area. Next year, I will not be making so many trips and if I take a trip, I don't foresee missing Area meetings. I look forward to when I get to attend Area again because I actually miss you all. I spoke with Violet Friday the 9th to discuss my training and she reminded me of the importance of the administrative meeting which is in October. We also discussed future trips to Ellensburg for Region in October. She really has been very helpful to me while I learn about what's important for the RCM2 position. The vote for Circle of Sisters has been officially drafted and Violet will tell you all about it so we can get everyone's votes for Region in October. I understand that COS is a conference that started in Portland Oregon and we of Seattle have hosted it in 1999 and 2004. The information Violet will provide is extensive

and thank heaven she is good at stating a short version. I have read the full report for the Circle of Sisters, plus lots of information regarding other reports and I'm happy to share the links to all the reports our delegate emailed to me. just let me know and I can give you the link information. Thank you all for your patience,  
Mylene W (GTS)

*\*See region notes at end of minutes*

### **PR Chair**

Hi all,

The following is the PR report for this month. Please reach out if you have any questions or feedback.

- We elected a PI coordinator! Thank you, Deborah, for your service! Stay tuned for the Public Information startup meeting.
- Helpline and H&I are running smoothly. Our literature coordinator provided H&I with stacks of new literature.
- We're looking for a Vice Chair and Web Coordinator 2. Please reach out if you know anyone who might be interested.
- Alan B. donated money for summer schedules printing costs.

ILS,  
Nicole K.

### **Literature Chair**

Hello,

We completed inventory at AREA last month. Still tallying up total inventory value. Will have that in by the end of today.

Received \$1249.70 stock order from NCRSO.

Purchased 200 copies of LITERATURE ORDER FORM cost 41.69. Motion for Reimbursement.(receipt provided)

Looking into the way other AREA's receive their Literature Orders(REALLY LIKE THE WAY SKCNA weblink looks) hoping to get in touch with the Web Coordinator down there for contacts at World to get access to that website.

Still in need of an NA AREA Literature Treasurer- 1 year commitment, 1 year clean time requirement.

1061.90 IN ORDERS SO FAR 9/10 AS OF 1:31PM.

Kindly,  
KK

**SINAC Liaison**

No report

**Unity Day Chair**

Open position

**Conventions and Events Representative**

Open position

**Fellowship Development Chair**

Open position

**New GSRs**

- *Robert: Just for Today*
- *Alexander: Monday Night RAW*
- *Kyla: After After Party*
- *Don: MGLA*

**Group Reports (Detailed reports are only provided by the GSRs who filled out a report (physically or digitally):**

<i>Group name: Recover At Work</i>	<i>Meeting day/time: Wed 6pm</i>
<i>GSR: Conor P</i>	<i>Phone #:</i>
<i>SASC Donation: \$48</i>	<i>SECT:</i>
<i>TREASURER:</i>	<i>Rent paid: \$50      Per: month</i>
<i>Group Report: RAW Group has begun studying "Another look" IP with our unique discussion format where cross talk is encouraged! We've also begun fellowshiping after the meeting. Come join us!</i>	

<i>Group name: Hugs Not Drugs</i>	<i>Meeting day/time: Thurs 730pm</i>
<i>GSR: Chris R.</i>	<i>Phone #:</i>
<i>SASC Donation:</i>	<i>SECT: Cheryl</i>
<i>TREASURER: Chris</i>	<i>Rent paid: \$60      Per: Month</i>
<i>Group Report: I will not be able to attend in person this month. Hugs will be celebrating its</i>	

<i>39 year birthday potluck on Nov. 2nd starting at 6:00 with three speakers at 7:30.</i>	
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<i>Group name: Safe Place NA</i>	<i>Meeting day/time: Sat 9am</i>
<i>GSR: Scott F.</i>	<i>Phone #:</i>
<i>SASC Donation:</i>	<i>SECT: Ellie B.</i>
<i>TREASURER: Kristen W.</i>	<i>Rent paid: Per:</i>
<i>Group Report: Nothing new to report, still on Zoom.</i>	

<i>Group name: Monday Night Raw</i>	<i>Meeting day/time: Mon7pm</i>
<i>GSR: Alexander</i>	<i>Phone #:</i>
<i>SASC Donation:</i>	<i>SECT: Adam</i>
<i>TREASURER: Tamara</i>	<i>Rent paid: \$125 Per: Month</i>
<i>Group Report: Needing people with clean time as there are a lot of newcomers there.</i>	

<i>Group name: AMNA</i>	<i>Meeting day/time:</i>
<i>GSR: Adrienne T</i>	<i>Phone #:</i>
<i>SASC Donation:</i>	<i>SECT:</i>
<i>TREASURER: Sadie</i>	<i>Rent paid: \$30 Per: Meeting</i>
<i>Group Report: We have GSR binders available at no cost. Contact Adriene T at 425 890 8872 or adrienne.tucker31@gmail.com</i>	

**Open Sharing Topics: NONE**

## **Old Business**

### **Motions for the month of August**

*Motion made by Conor and seconded by Deborah to accept minutes from August*

**VOTE: Y-16 N-0 A-0**

*Kyla/Don to accept minutes from July*

**VOTE: Y-16 N-0 A-0**

### **Open service positions:**

- Assistant Recording Secretary
- Unity Day Chair
- Fellowship Development Chair

- Conventions and Events Representative

*\*See SASC Guidelines at seattle.org for further details on any position*

## **New Business**

**Name: Audrey nominated herself for Recording Secretary**

- Votes in favor: 16
- Votes against: 0
- Votes nonresponsive: 0
- Votes abstaining: 0

(4 month term, starting in the middle of term)

*\*For full listing of service member details check the guidelines 8.4.11*

**Grievances: NONE**

**Ad-Hoc Committee: NONE**

**Motions for New Business month of September**

***Motion 1 (this is a motion from region): Shamay T moves that WNIRNA and C+E supports and signs the form for a bid of Circle of Sisters in 2026.***

**The intent of this motion is to bring a national women's convention to our region and build unity across the region. No funds are being asked for today, the region would be responsible for unpaid bills.**

*Discussion:*

Derek: Are we being asked to donate?

Violet: They are moving that C+E and region support the COS board to support this convention. They are just asking for our support and as a region we have to sign off on it. No funds are being asked for from the homegroups or areas for the 2026 convention.

Derek: So we will vote on this in October?

Violet: Yes you go to your homegroup and come back with the group conscience and then I will take the majority vote back to the region. From there it will either be confirmed or not.

Matt: Should we be asking the men's meetings too?

Violet: Yes, and this motion will be in the minutes

Keith: Is it on the WNIRNA website?

Violet: Yes it should be in the minutes there as well.

**Tabled to be brought back to the groups.**

**Close of meeting at 2:52pm**

***Motion Forms and Intent***

**MOTION NO. (MONTH, YEAR, DAY, #MOTION): 7/15/23, #155.2**

**Made by: Shamay T.**

**Seconded by: Bonner**

**Home Group: Representing for Circle of Sisters**

**Date submitted: 7/15/23**

**I move that: WNIRNA and C+E supports and signs the form for a bid og Circle of Sisters in 2026**

**Intent: To bring a national women's convention to our region and build unity across the region.**

**Financial impact: Though there are no funds we are asking for today, region would be responsible for unpaid bills.**

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**For Chair / Vice Chair use only:**

Major Motion \_\_\_\_\_

(on going, affects operation of Area or Sub-Committee)

Affects sub-Committee / Officer: \_\_\_\_\_

Motion requires: Simple Majority: \_\_\_\_\_ 2/3 Majority: \_\_\_\_\_ Other: \_\_\_\_\_ Motion must go back to groups: Yes  No \_\_\_\_\_

Motion: Passed \_\_\_\_\_ Failed \_\_\_\_\_

In Favor \_\_\_\_\_ Against \_\_\_\_\_ Abstaining \_\_\_\_\_

Non-Major \_\_\_\_\_

\*For full motion with more detailed intent and explanation please see the Motions portion of the minutes

NEXT REGIONS: oct 13 th 8pm oct 14 8:30am  
January WILL ALWAYS BE VIRTUAL  
For events happening all across the Region please  
visit [www.wnirna.org](http://www.wnirna.org) and go to the events page  
RD/AD: Nancy and Kia  
Kia:  
World service Conference report in google group  
Highlights: went to world service conferences  
[USA/na.org](http://USA/na.org)  
WSLD in November

Zonal forum meets the 23 rd of July

Nancy is doing an inventory for south king county

\*RCM and explaining the CAR needs to be broken up/more important.

Educate on what the car is, when it will be done. Continue to talk about it throughout the year. Car workshop at GSR orientation? Explanation

How well does the voting process work for CAR report?

Discussion of how to make process earlier (we should have an extra month)

#1. Went to specific home groups need more than one hour (its hard to cram so much info into one session) needs to be broken up into more events

#2. Take a pull of what topics are “hot topics” and go into those further.

#3. One Cr workshop day for everyone those who go get a vote (GSRs and RCMs)

#4. Homegroup divides up motions between 3 group consciousness

READ car report from Nancy and Kia with final votes. (Add a link on the website)

RSC CHAIR: Dan B

RSC Family,

Unfortunately, I have had an issue with my throat for the past three weeks and have completely lost my voice. My doctor doesn't want me talking (or whispering). It's not viral laryngitis. I feel totally fine. I just can't talk. I'm waiting to see a specialist and hopefully we can find out what's going on and how to treat it. I'm planning on attending RSC but Jake, our vice chair, will be running the meeting. Thank you Jake! If needed I can potentially communicate via the zoom chat; however, I would much rather respond to emails. So please, if you have any questions about this report please email me.

Since our last meeting I purchased the Zoom licenses for the All Subs meeting. I found a 30% off coupon code and was able to purchase the four licenses for \$462.11 instead of the \$600 we had budgeted. I tried to set up a recurring ACH payment from our checking account but our bill isn't large enough to qualify so I ended up using my personal PayPal. I will be submitting a reimbursement request for the expense today. I will also work with Rachel to update the payment method to use the FSA PayPal account going forward. All the information about the Zoom licenses is saved in the regional password safe in a Secure Note entry named “RSC - All Subs Zoom Details”

We had a little snafu with the Red Lion bill. At the time of our regional audit they had not cashed our October 2022 rent check. It had been three months so I contacted them about it and they asked us to send another check.

Literally a day later the first check cleared and of course they cashed the second check as soon as they received it. I spoke with them about it after the April 2023 meeting and they agreed we would not pay the April bill and they would apply the October 2022 overpayment. Because of the slight increase in rent, applying a 2022 payment to a 2023 bill should leave us \$40 short for April. The Red Lion agreed to call it even after not providing the coffee service on Friday night per our current contract.

For planning purposes the RCS admin committee will always meet virtually the Friday six weeks prior to RCS at 6pm. The next RCS admin meeting is on Friday September 1st at 6pm. Zoom details can always be found in the online regional service meetings page.



RSC VICE CHAIR: Jake H  
Will be running meeting

RSC SECRETARY: Jillian M –  
We had 20 areas present last quarter.  
Talked about all car tallies  
Open forum  
Recess all subs  
She will update guidelines next quarter.

RSC TREASURER: – Rachel  
This quarter \$28,000 to NAWS donation  
Quick books is outdated needs to be updated \$800a year quick books  
Money motion for \$510 to update  
PayPal dispute:  
The previous treasurer transferred funds directly from our pay pal to her PayPal. We attempted to have it fixed. She admitted it said that shed pay it back. It did, it went back into the account. Then there was some sort of dispute that said it was going to be reverted. So we are now negative. \$4,186.44

AUDITOR: Vandy A. –  
Your Name: Vandy C Andersen  
Your Email: zandya@msn.com  
Report Date: 2023-07-07  
RSC Position: RSC Auditor  
Other: If other field what position  
Officer Report  
Auditor report July 2023

The Clean and Free audit took place. Lots of activity at the event and financial success. The C&E committee is back up and running and able to pass on funds to RSC and as such, on to NAWS.  
There will be an audit of WNIRCNA 2023 this weekend, held 5PM Friday. That event was also a success in every way.  
Our CPA has had surgery and is recovering. The taxes have been extended until October. The information has been sent and she will file it as soon as she is back at work. Anticipated to be August.  
It has been a quiet quarter for me. I have a possible trainee interested and will keep my ear to the ground for any other interested parties.

ILS,  
Vandy

ACTIVITIES: Micheal  
Your Name: Michael L.  
Your Email: actchair@wnirna.org  
Report Date: 2023-07-15  
RSC Position: RSC Activities Chair  
Other:  
Officer Report  
Hello RSC,

We had good in-person and virtual attendance. The areas that were present are as follows:

- Central Washington

- Chelan/Douglas Counties
- Everett
- Lower Columbia
- Northeast WA
- North East Oregon Area
- Pierce County
- South King County
- South Puget Sound
- Southwest WA
- The Lewis County

The committee will be working on our guidelines after our next WNIRNAC meeting on 10/14/23 from 12-1 pm after regular business. All are invited to attend, especially those with experience reviewing guidelines. Because of this, I will not be attending the PR meeting; however, I will send a delegate.

We had an amazing meeting and covered topics regarding flyers, traditions, and financial sustainability. We also generated excitement about our upcoming WNIR Learning Days event in Olympia on July 28th & 29th!

Our next regional dinner will be at the Palace on 10-13-23 at 5 pm! We will be in the private room, provided it is still available!

We also voted in Mike D. from NEWANA as our Vice Chair!

GTS,

Michael L

WNIRNAC Chair

River float was fun regional dinner was great

We will be reviewing activity guidelines

Regional leaning days July 28 th and 29 th Olympia.

H&I: Ashley W. –

Co chair wsld committee

Tend to draft a motion and revise learning days guidelines

Getting beyond the bars up and running in January (see pink packet)

Advocate will meet in January to update guidelines for pr and pi

Beyond the bars: look at pink tri fold

Guidelines revision between now and January

Discussion: How to respond when a member who's been there a while but showing up aggressive, how to manage that.

Your Name: Ashley W

Your Email: ashleynoelle86@gmail.com

Report Date: 2023-07-15

RSC Position: RSC H&I Chair

Other: If other field what position

Officer Report

July 2023 H&I Report

Since April RSC my regional service energy bank has been spent on co-chairing the PR Learning Days committee. We are SO EXCITED to throw a fabulous event at the end of the month. It has been a steep learning curve to shift into event-planning and also a wonderful bonding experience for the PR admin. We are grateful for the support and collaboration with the WPS area activities committee. Following the event, we intend to draft a motion and revise the LD guidelines to align more supportively with the benefits of having both the PR admin AND an area activities committee on the LD event planning committee going forward.

I met virtually with H&I members in WPSNA who are getting a program similar to AA's

Bridging the Gap up and running in their area. They are calling the program Beyond the Bars and there are pink pamphlets available with more info. Many of these members were incarcerated previously and benefited from WSFR and H&I panel members and are now giving back. They are seeking to create a formal subcommittee that supports new members as they transition out of prison and into their first outside NA meeting. One of the leaders of this group, Clint, will be speaking at the H&I workshop at LD 2023, along with our RSC H&I VC, Joe A.

An ad hoc of RSC H&I members will meet between now and January's RSC to update our subcommittee guidelines.

The PI Chair, Kelly, and I just booked out airfare for WSLD in November and we are stoked to be of service in this way again soon. Thank you!

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10/20 areas attended, 20 people (6 online and 14 in-person)

Rob, WSFR report

We are receiving about 10 to 15 letters a month. There is an increase from local institutions. I have had 2 meetings with West Puget Sound that has created a new committee connecting inmates that are going to be released to the NA fellowship like "Bridging the Gap". They are picking our brains to better serve NA members being released into society. We are doing a presentation at the Regional Service-Learning Days. We have a new Working Steps for Recovery behind the walls webpage. The Western States Zonal Forum website has a link to our WSFRBTW webpage as well as links to other WSFRBTW committees in our Zone. I have hotel reservations for Western Service-Learning Days in November. I am working overtime tonight so I will attend H&I if I am up in time. If not, I will give this report at PR.

Logan, DOC Project updates

I have been perusing Colorado's NA page in search of their DOC coordinators information to re engage. Ashley had given me her info previously and it's been filed incorrectly.

I have called the help line there with no success and will continue to research other options through World Services and through other California service groups.

There has been concern brought to our attention for the reorienting of people coming out of prisons. I have been in communication with Work Release and local work placement services utilized by the residents of the Work Release programs. There is available to the employer, trade service, and specialty manufacturer a federal training program that allows a trade or service organization the assistance of having the government cover the wages of a new hire during a 90 training period. This program

continues to cover half wages through the following 60 days (aprox) through to permanent hire. This Federally funded program is at no cost to the employer.

If an employer qualifies first through the State Work Source and requests that these new recruits be from local Work Release offices, the Prisons Work Release residential facilities could request, system wide, the placement of releasees who are interested in career opportunities in a vast arena of job placement opportunities.

We can meet the peoples need for support at the door through panels, local NA support, meeting ip's, and a hug.

This, from personal experience, is doable.

Clint, Beyond the Bars (WPSNA)

Supporting women re-entering the community out of Mission Creek Correctional using a program similar to AAs Bridging the Gap (pink pamphlet provided to RCMs)

Guidelines Revision ad hoc sign up

Tiffany M- SPS, hi\_vicechair@spsna.org

Topic: panel speaker going into a panel "alone" when leader doesn't show up and was

not treated well in sub committee meeting  
someone with lots of clean time and experience “dropping bombs” and not really participating as a member  
suggestions: formalized grievance process vs how it was handled, refer to guidelines, group inventory, “point of interest” announcement/moment of silence/”come back to order” and boundary to get tensions down  
Topic: what to prioritize in an area starting services back up  
suggestions: orientations at homegroups, group inventory, spirit of rotation w/positions, recruit more service members by individually targeting them, literature order through rsc h&i, under committ and ove rdeliver, virtual panels to offset travel/distance issue w/rotating in-person panel less often, guidelines revision, bring members with 90 days to shadow/observe panels, attend other H&I area meetings  
Topic: equitable/inclusive practices for identification of newcomer audiences (gender, race, age)  
tabled until next quarter  
Topic: how to address principles before personalities issues  
poor closure when leaving a position (etiquette?) and assumptions  
suggestions: guidelines revision, orientation blurb, responsibility to show up or find a replacement/communicate change of plans

Thank you for this joyful opportunity to be of service,  
Ashley W  
IT: mark

Your Name: Mark B  
Your Email: marklevye408@gmail.com  
Report Date: 2023-07-14  
RSC Position: RSC IT Chair  
Other: If other field what position  
Officer Report

Everything is going well. We have made the transition to the new server, and we are still working on upgrading to php 8.2. The transition has gone very smoothly. Our sites are running faster without slowdowns. We still need an IT Vice-chair so please share this so that I can find a successor.

Our Web 1 has sent in a resignation letter and would like it to be read here. I forwarded it to the RSC vice chair since Dan has lost his voice and will let Jake decide on whether or not he wants to read it here.

Thanks for letting me be of service.

LITERATURE: Joel –  
Your Name: Joel s Lafayette  
Your Email: jlafayette@tds.net  
Report Date: 2023-07-13  
RSC Position: RSC Literature Chair  
Other: If other field what position  
Officer Report

#### REGIONAL LITERATURE SUB-COMMITTEE CHAIRPERSON REPORT .

Hello recovery family. there has been lots of things in the works this quarter (namely )

- 1) bringing the sub-committee meetings back to pre Covid date and time and still hybrid in Ellensburg on Saturday morning
- 2) group has its own login

3) chairperson has their own meeting key  
4) our sub-committee will be doing a workshop on Saturday  
5) theme will be "IMPACT OF THE BASIC TEXT"  
There will be some opportunity for audience participation. we would like some feedback as to your own experiences.  
IN LOVING SERVICE JOEL L.

Your Name: Joel s Lafayette  
Your Email: jlafayette@tds.net  
Report Date: 2023-07-15  
RSC Position: RSC Literature Chair  
Other: If other field what position  
Officer Report

HELLO AGAIN RECOVERY FAMILY. WE SEVERAL ATTEND THE SUB-COMMITTEE MEETING AND SADLY IT TOOK TIME TO ACTUALLY HAVE THE PLACE OPEN. LAST MONTHS MINUTS READ AND APPROVED. IN ATTENDANCE WERE:  
1) TRI-CITIES 2) PIERCE CO. 3) N.E. OREGON 4) SO. WEST WASH 5) SO. KING CO. 6) BLUE MTN.  
7) SEATTLE

ELECTIONS WERE HELD AND SHAMUS M. NOMINATED AND ELECTED THANK YOU !

NEW BUSINESS DISCUSSION WAS ON FAKE GROUPS SUBMITTING FAKE ORDERS .

CONSENSUS WAS, CAN THEY BE VARIFIED ?  
DONE ONLY BUY EMAIL ?

ARE THESE GROUPS ATTENDING A.S.C. ?

SOLUTION CAME TO BE TO RETURN TO PAPER ORDERING OF LITERATURE OR ACTUALLY HAVE THE ORDERS PRE-PAID.

MUST BE RESPONSIBLE WITH NA FUNDS

NEXT LITERATURE SUB-COMMITTEE MEETING WILL BE OCTOBER 14th FROM 10:00am TO 12:00 pm

IN GREATFUL LOVING SERVICE  
JOEL L REGIONAL LITERATURE CHAIR PERSON

PI: kelly –  
Getting ready for WSLD July 28 th and 29 th in Olympia  
Your Name: Kelly McD  
Your Email: pichair@wnirna.org  
Report Date: 2023-07-15  
RSC Position: RSC PI Chair  
Other: If other field what position  
Officer Report

Hello all,

This past quarter has been a very busy one getting ready for the upcoming Regional Learning Days event in Olympia, WA on July 28-29. The PR committee has been meeting twice monthly for the past few months, and the event is coming along and will be amazing. We will have a coffee truck there all-day selling drinks and we will be having a taco truck for dinner. We will also have T-shirts for sale for \$15 and a tie-dye station if folks will want to tie-dye their shirts. Flyers are located on the table. Other than that, we set up the new regional PI booth and the booth made it to WNIRCNA and then to the mobile convention. We will be setting it up at the regional learning days. We did have one guideline meeting and started a plan for updating, but participation was low. The second meeting no one was able to attend so the vice chair and I have decided to

pause on it until after the Learning Days event so that we can better focus on that task. PR was also asked for members to come up to the British Columbia Region to do an IDT about communication with their regional PR committee. Since I am able travel there and had the availability, I offered to attend and will be facilitating with Kia. That will be the last weekend of August. I also just purchased my flight to WSLD in November and am excited to attend that as well. Other than that we are plugging along and I will have more to report tomorrow after all-subs.

The PI meeting started a bit rough since the church was not open for us, but we pivoted and met outside for a bit and then transitioned inside. Our secretary was not here so Chuck graciously took minutes for us and did great. We had 17 people in attendance in-person and online. Of those the areas that were in attendance were Northeast Oregon, Northern Idaho, Tri-Cities, The Lewis County, South Puget Sound Area, West Puget Sound and Seattle. Many of the area's are out doing PI booths and presentations about NA which is exciting. If you didn't know the Regional Helpline has been up since the last region. Only a few volunteers run the lines, but they only get a few calls a week. Mostly people who are unsure of which area they need to contact, and the volunteers are directing them to the proper locations. We still have about \$300 left of the credit from Trilio so we are doing good on funding and will probably not need to discuss increasing the budget until next year. There was also some discussion about how other areas function and if they have a PR committee verses having all the committees go to area. It was split on how the area's do it and information was provided on how that works. A motion was also presented to ask that the regional PI Subcommittee be the one to attend the statewide drug court conference that is held every year in October. Last year it was done by the Lewis County since there was not enough time to have it brought to region to ask. There were several members that were willing to participate. It will be from October 26-27th. We got consensus to attend the conference. Since there will be one more region in between we decided that we would participate, and Jerry B. would

be the point of contact in organizing that and we will get final commitment from people and do orientations at that time.

Thank you for letting me serve,

GUIDELINE AD HOC –

Your Name: Jerry b

Your Email: jerrybraden@usa.net

Report Date: 2023-07-14

RSC Position: Select your position

Other: Guidelines Ad-hoc Chair

Officer Report

I must confess I'm not placing a high priority on finishing this task. I allow other activities to to usurp my time. I did send a reworked copy of PI Guidelines to the PI Chair as they work on updating same. Earlier today I emailed Reformatted copies to the chair and secretary of H&I, Literature and Activities as well as the chair of WSBW. Being accountable to this group helps my recovery. Thank you.

C&E: Brian M – elections coming up for C&E

Talked about being in support of circle of sisters 2026 they will bring members to region to talk about how we process events

Bids for hosting regional learning days or mobile convention (talk to Cheryl about it)

C&E Treasurer: amber–

Your Name: Amber s

Your Email: ambersloboda@gmail.com

Report Date: 2023-07-15

RSC Position: Other

Other: C&E treasure

Officer Report

Hello everyone,

This quarter we had WNIRCNA 2023 and the treasury part of the convention went extremely well, having a lock box available to us was most helpful for accountability and members not being over worked over the weekend. Sarah and I continued to evaluate procedures for convention treasury and have many great ideas to help the future of convention treasures. Rachel D. the regional treasure set up a zoom call with all current treasures to take a look at the procedures at each convention and we can now start to possibly implement in the future for better accountability and success. I had to leave early but I do know the group discussed and agreed to make a motion to move our bank account to chase bank in order to align our regional treasurer processes and purchase

quick books online. This will allow us to have better accessibility and accountability across the board. I believe we are on the right track to revamping money handlings in hopes to pass on these position to the next with more guidance for what is expected. More will be revealed but I feel confident in the direction we are all going.

We did approve the bank change at C&E.

We plan to have an audit on the C&E account and after that should be able to make the bank move smoothly before to much action with our bigger events.

Sarah C. The C&E treasure trainee and I attended both clean and free and wnircna audits this quarter which where both a success. Another thing brought up was the use of the debit card and members questioned some of the usages, in the guidelines it states the debit card may be used for purchases that are difficult to pay by check.

According to the guidelines the debit card is not limited to only travel and lodging and liaisons can request the usage of debit card with a request form per guidelines.

Lastly over the last quarter I have had small moving parts from meeting over zoom with learning days, talking with current treasurers for 2024 conventions and monitoring the bank accounts. I find myself getting more familiar with the role I have as C&E treasure without prior training and giving myself grace for not knowing it all. But All and all I'm grateful to be in this position and I am learning a lot along the way!!!! So thank you!

Bank account balances goes as such:

CE committee	88,190.60
CNF Even	10,000.00
CNF odd	10,000.00
PNW	3,500.00
Recovery Events	4,804.62
WNIRCNA Even	7,585.70
WNIRCNA Odd	5,000.00
Prudent Reserve	19,990.45

Thank you all for allowing me to serve

Amber S. C&E treasure

Winircna 2023 happened

Moving bank account to chase better accountability

Audit on c&e account will happen b4 bank move in September

Bank account balances:

C&E committee	881090.60
CNF Even	10,000
CNF odd	10,000
PNW	3500
Winircna	75,000.30

RECOVERY EVENTS: 4704.62

Wnircna EVEN: 7,585.70

Winircna odd: 5,000.00

PRUDENT RESERVE: 19,990.45

DOC COORDINATOR:

Your Name: Logan

Your Email: logan@northamericantarp.com

Report Date: 2023-07-15

RSC Position: Other

Other: DOC coordinator (PR)

Officer Report

I have been perusing Colorado's NA page in search of their DOC coordinators information to re engage. Ashley had given me her info previously and it's been filed incorrectly.

I have called the help line there with no success and will continue to research other options through World Services and through other California service groups.

There has been concern brought to our attention for the reorienting of people coming out of prisons. I have been in communication with Work Release and local work placement services utilized by the residents of the Work Release programs. There is available to the employer, trade service, and specialty manufacturer a federal training program that allows a trade or service organization the assistance of having the government cover the wages of a new hire during a 90 training period. This program continues to cover half wages through the following 60 days (aprox) through to permanent hire. This Federally funded program is at no cost to the employer.

If an employer qualifies first through the State Work Source and requests that these new recruits be from local Work Release offices, the Prisons Work Release residential facilities could request, system wide, the placement of releasees who are interested in career opportunities in a vast arena of job placement opportunities.

We can meet the peoples need for support at the door through panels, local NA support, meeting ip's, and a hug.

This, from personal experience, is doable

GRIEVANCE:

OPEN DISCUSSION:

Circle of sisters (recommended to show up at C&E tomorrow)

Bid to have it in Seattle feb/march 2026

(They are asking for packet signed by regional chair/and treasurer)

Starts off with seed money from past event

Not asking for bodies or financial support

Service resumes

13 committee members

40 volunteers

450 fb members

Westin and the Hyatt \$199 each first rough draft

3 possible hotels

Will the region back our bid for convention

They need

Transport info

Region needs to be point of accountability

How do we not tire of service positions?

Seek out people who may be good at things and have them look over qualifications.



Have fun meets and ice breakers. (Maybe actually chat with people make bonds)

Have self care/ its ok if things go vacant for a while, sometimes succulents service is a lesson learned in favor

We need you, you would be great at this

PayPal dispute:

Kaylyn has been in contact with paypal, says it has been a hacked account. The bank withdrawn to is in Louisiana which she has never used. She has been dealing with all other ones that have been also hacked. She has offered to pay \$500 a month until payed off. She also asked for 15days for paypal to refund. The first payment would be due on sept. 10. (Letters are in report) Discussed what to put in the letter to kaylyn for reprocussive actions to be taken.

#1.

#2. After august 15 th a payment plan will start to cover funds missing if not refunded by PayPal. \$500 a month starting in September until amount has been returned.

#3. The first payment will be due on sept. 10 th and all subsequent Payment are due on the 10 th of each month until funds are paid off.

#4. ask you too please sign and return letter by aug. 1 st 2023

#5. Please CC RSC chair@wnirna.org with all related communications with paypal

#6. If this plan isn't followed per expectations listed,

FSA will take legal action up to and including filing charges or using a collection agency

Northeast Washington:

Schedules? How do we do this?

Get your own printer: one area went from 14c to 1c per schedule

Borrow a facilities printer

QR codes on flyers

If you get rid of schedules what about phone lists?

South king county:

Service members for area service: missing chair how to find one?

West puget sound behind the bars implementing:

How do we implement it?

Talk about it pink pamphlet: will do presentation at learning days

Brandi:

Alternative language meetings are non existent

Angela: Spanish speaking meetings Brandi

Brandi will reach out to me about meeting.

Solo por Hoy Recovery Café 2022 Boren Avenue, Seattle, WA 98121

NEW BUSINESS:

MOTIONS:

Getting a regional fellowship association accounts for treasurers: motion passed

Jillian POS committee motion: WINIRNA and C&E move to support bid for Circle of sisters to be in Washington northern Idaho region. Knowing that financial responsibility may pass to region. Tabled till next region to be brought back to

ELECTIONS:

C&E: Jillian nominated: motion passed

C&E treasurer: Amber nominated:

EVENTS:

Everett area:

Camp out aug 18 th thru 20 th Stan-wood

Grays harbor:

Struggling to find committee members

Camp out on website

NE Oregon:

Selling on fire for recovery hats park event

Brodio is in a week 3spaces left.

NWwaservice committee:

Spiritual connection sept. 22 nd cornet bay

Unity on widbey oct 21 st (held in oak harbor)

Pearce county:

Lake fest aug 3 rd thru 6 th camp out