

Seattle Area Service Committee (SASC)

Date: October 1st, 2023

Location: In person ONLY at:

Seattle First Baptist Church

1111 Harvard Ave

Seattle, WA 98122

Start times:

Admin meetings happen quarterly prior to the SASC at 11:#0am.

Audits are quarterly and occur during the admin meeting.

2023 SASC Dates

SASC meeting dates (monthly)	SASC budget meetings (quarterly)
January 8, 2023	Q1: January 8, 2023
February 5, 2023	
March 5, 2023	
April 2, 2023	Q2: April 2, 2023
May 7, 2023	
June 4, 2023	
July 9, 2023	Q3: July 9, 2023
August 6, 2023	
September 10, 2023	
October 1, 2023	Q4: October 1, 2023
November 5, 2023	
December 3, 2023	

Overview of September Minutes:

- *Open positions:*
 - *Assistant Recording Secretary*
 - *C+E Representative*
 - *Unity Day Chair*
 - *Fellowship Development Chair*
- *Nominations:*
 - *Audrey was voted in as Assistant Recording Secretary*
- *There were no topics for open discussion.*
- *Motions*
 - *Motion 1 (from region): Shamay T moves that WNIRNA and C+E supports and*

signs the form for a bid of Circle of Sisters in 2026.

- *This motion was tabled and will be voted on in October.*

****START TIME: 1:03PM****

Opened with Serenity Prayer: Keith

SASC State of Purpose read by: Kelsey

12 Traditions read by: Deborah

12 Concepts read by: Audrey

Vision of NA Service read by: Dennis

10th concept (october concept): Keith, Jacob, Deborah, Matt, Nicole,

Opening Statements and Announcements for SASC:

- Next area will be **NOVEMBER 5, 2023**
- Please turn off or silence cell phones.
- Please submit all Open Sharing Topics and Grievances prior to the break.
- New motions *must* be submitted prior to New Business.
- GSRs: please fill out Group Reports and ensure that the Secretary has your email address for the minutes.
- GSR Report Forms, Motion Forms, and SASC Guidelines are available at www.seattle-na.org.
- Group Reports can be submitted online prior to the next SASC.
- Contributions can be mailed via check to:

Seattle Area Service Committee
P.O. Box 70404
Seattle, WA 98127-0404

Or via the Zelle app by searching for Treasurer@seattlena.org Tyler is the current treasurer and can be contacted via www.seattlena.org for a confirmation or receipt.

Or bring a check or cash to the SASC with a Group Contribution Receipt

Roll Call of Service Members and Groups (See appendix A- Service Member/Group Roll Call for full listing of attendance)

<i>Service Members: X = Present A = Absent O = Open Position</i>	<i>Admin Meeting 11:00 am (quarterly)</i>	<i>SASC Start 1:00 pm</i>
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<i>Chair</i>	<i>X</i>	<i>X</i>
<i>Vice Chair</i>	<i>X</i>	<i>X</i>
<i>Recording Secretary</i>	<i>X</i>	<i>X</i>
<i>Assistant Recording Secretary</i>	<i>X</i>	<i>X</i>
<i>Treasurer</i>	<i>X</i>	<i>X</i>
<i>Assistant Treasurer</i>	<i>X</i>	<i>X</i>
<i>Literature</i>	<i>X</i>	<i>X</i>
<i>RCM(1)</i>	<i>X</i>	<i>X</i>
<i>RCM(2)</i>	<i>X</i>	<i>A</i>
<i>PR Chair</i>	<i>X</i>	<i>X</i>
<i>Unity Day 2023 Chair</i>	<i>O</i>	<i>O</i>
<i>Convention and Events</i>	<i>O</i>	<i>O</i>
<i>Sinacc Liaison</i>	<i>A</i>	<i>A</i>
<i>Fellowship Development</i>	<i>O</i>	<i>O</i>

Home Groups	First Half	Second Half
Total Number of Seattle Area Home Groups (per current NA meeting schedule)	<i>72</i>	<i>72</i>
Total Home Groups Represented	<i>23</i>	<i>21</i>
Total Voting Group Service Member Voting (by show of hands)	<i>20</i>	<i>21</i>
Total Home Groups Absent	<i>49</i>	<i>51</i>

SASC Service Member Reports

Chair

I don't have much to report other than I have been attended meetings making announcements regarding the SASC positions currently open and inviting all member to come and experience

Area. I was able to experience the following meeting for the first time, RAW (Recovery At Work) and It's fine, I'm fine, Everything's fine which were both great meeting and I recommend others going to experience.

Keith J
SASC Chair

Vice-Chair

Hi friends, Kelsey here.

I am sad to report that I will be stepping down from my position as Vice Chair after the area meeting today.

I want everyone to know that this decision is not one that I have made lightly. Many aspects all coming together at the same time have brought me to this decision including struggling with my mental health and the workload growing within my Graduate School program.

The position of Vice Chair is one that will best be served by someone who has the capacity to take creative initiative in order to increase the organization and efficiency of the SASC. This is a hope I had for myself when entering this position, but the truth is, I took on too much at once and am not able to fulfill all of the obligations I signed up for.

To all our groups, and especially anyone who is interested in fulfilling this position, I want to say that we have an incredible admin body here at SASC right now. Our Area has been through a hard time since the beginning of the pandemic but things are finally coming back together. I am grateful to have been able to be of service to the SASC for the time that I was and I'll see you guys at meetings :)

ILS,

Kelsey G.
Vice Chair

Recording Secretary

Hello everyone,

I met with our new Assistant Recording Secretary Audrey on September 30th to go over how I write the minutes, and figure out how we can best support each other. I am really excited to work alongside Audrey!

Nothing else to report this month.

-Andrew V

Assistant Recording Secretary

Hey everyone,

I am excited to be the new Assistant Recording Secretary! I met with Andrew last Saturday to learn how he does things and how I can best serve. Looking forward to learning more.

Thank you for allowing me to be of service,
Audrey

Treasurer

To: Seattle Area Service Committee of Narcotics Anonymous

From: Tyler E. (Treasurer)

Date: 10/01/2023

- The ledger balance and bank balances matched this month. Please see accompanying statement for details.
- I have emailed the statement out to the recording secretary, chair and vice chair for distribution with the minutes.
- Groups that wish to contribute to SASC may do so in two ways:
 - Write a check (Payable to Seattle Area Fellowship) and mail it to:
PO Box 70404, Seattle, WA, 98127
 - You may download the Zelle App, sign up to start using it, and send money to SASC at Treasurer@SeattleNA.org. Directions:
 - Download Zelle App
 - Enroll using a debit card linked to a checking account; or
 - Enroll using a US checking account using your bank login information, if your bank supports this feature
 - Choose a person to pay (Treasurer@SeattleNA.org)
 - Confirm the amount and hit send. Please remember to include your home group name so that your group is credited for the contribution.

SASC Treasurer's Report

	Start of Qtr 3	July 2023	August 2023	September 2023	End of Qtr 3
Summary of Income/Expenses					
Beginning Balance		\$23,647.55	\$19,209.23	\$9,088.75	
Total Income		\$2,101.25	\$1,842.18	\$3,330.81	
Total Expenses		\$6,539.57	\$11,962.66	\$2,109.51	
Ending Balance	\$23,647.55	\$19,209.23	\$9,088.75	\$10,310.05	\$10,310.05

Ending Balance Consists of the Following Subaccounts					
General Fund		\$2,373.97	\$1,749.65	\$2,966.03	
Literature		\$2,383.99	\$1,989.10	\$1,994.02	
Unity Day 2023		\$5,000.00	\$5,000.00	\$5,000.00	
Starter Packets		\$350.00	\$350.00	\$350.00	
Excess Funds		\$9,101.27	\$0.00	\$0.00	
Ending Balance	\$19,209.23	\$9,088.75	\$10,310.05	\$10,310.05	\$10,310.05

Income					Total Qtr
Group Contributions		\$970.25	\$359.74	\$2,034.50	\$3,364.49
Literature		\$1,131.00	\$1,329.28	\$1,296.31	\$3,756.59
Unity Day 2023		\$0.00	\$0.00	\$0.00	\$0.00
General Fund		\$0.00	\$153.16	\$0.00	\$153.16
Fellowship Development		\$0.00	\$0.00	\$0.00	\$0.00
Total Income	\$2,101.25	\$1,842.18	\$3,330.81	\$7,274.24	

Expenses					Total Qtr
<i>SASC Officers</i>					
PR		\$17.49	\$391.59	\$17.49	\$426.57
Admin.		\$778.79	\$625.63	\$625.63	\$2,030.05
RCM-1		\$0.00	\$0.00	\$0.00	\$0.00
RCM-2		\$0.00	\$120.00	\$0.00	\$120.00
Secretary		\$0.00	\$0.00	\$0.00	\$0.00
Treasurer		\$0.00	\$0.00	\$0.00	\$0.00
Fellowship Dev.		\$0.00	\$0.00	\$0.00	\$0.00
C&E Rep		\$100.00	\$0.00	\$0.00	\$100.00
Subtotal SASC Officers	\$896.28	\$1,137.22	\$643.12	\$2,676.62	
<i>Subcommittees/Special Projects</i>					
Literature		\$742.61	\$1,724.17	\$1,291.39	\$3,758.17
Unity Day 2023		\$0.00	\$0.00	\$0.00	\$0.00
Starter Packets		\$0.00	\$0.00	\$0.00	\$0.00
Excess Funds		\$0.00	\$0.00	\$0.00	\$0.00
Subtotal SASC Subcommittees/Special Projects	\$742.61	\$1,724.17	\$1,291.39	\$3,758.17	
<i>Donations</i>					
10% Donation to Region		\$0.00	\$0.00	\$175.00	\$175.00
Quarterly Donation to World		\$1,400.19	\$0.00	\$0.00	\$1,400.19
Quarterly Donation to Region		\$3,500.49	\$9,101.27	\$0.00	\$12,601.76
Subtotal Donations	\$4,900.68	\$9,101.27	\$175.00	\$14,176.95	
Total Expenses	\$6,539.57	\$11,962.66	\$2,109.51	\$20,611.74	

Year	(Multiple Items)									
Sum of Amount	Month									
Group Name	01	02	03	04	05	06	07	08	09	Grand Total
Amy H									69.21	69.21
Atmosphere of Recovery				53.50	87.00					140.50
Basic NA									200.00	200.00
Breakfast of Champions	22.00	60.00	44.00		39.50	21.00	30.00	21.11		237.61
Downtown Tower			264.00		81.00	134.50	142.25			621.75
Eastshore NA	370.00	15.00	30.00				130.00	62.00	56.00	663.00
Erley & Quiser Women's		164.82								164.82
From The Streets To The Seats				20.00	4.50					24.50
Grateful on Greenwood	111.00		220.13	300.00		235.75				866.88
Grateful on Greenwood									167.68	167.68
Hugs not Drugs	105.00	100.00	100.00		51.00		60.00	40.00		456.00
It's Fine I'm Fine Everything's Fine							37.00			37.00
Just For Today			40.00							40.00
Just the Facts Ma'am	66.50	97.00	38.50			151.50				353.50
Keep It Simple Sisters Committee								100.00		100.00
Little Yellow House of Recovery			147.00		147.00			94.50		390.50
Monday Nite Row			65.00							65.00
NA Regulars					86.50		100.00	100.00	100.00	386.50
Naomi L	25.00	25.00	25.00							75.00
Recovery at Work									48.00	48.00
Removing the Mask			197.00		20.00				100.00	317.00
RVNA									41.00	41.00
Serenity Circle	41.00	193.00					299.00			535.00
Step Brothers	55.00	50.00	50.00		62.50	45.43	24.00			423.93
Straight Ahead NA				100.00						100.00
Sunday Starters		60.00	130.30	64.00	50.00	95.00	158.00	93.74	158.00	815.10
Take it or Leave it									500.00	500.00
The After Party	30.00		100.00		30.00	60.00		50.00	38.00	308.00
The Lie is Dead			50.00							50.00
Tower of Power	93.00		248.00	12.00	131.00	146.00		216.00		846.00
Up Late in Washington State			228.70	58.00						286.70
Grand Total	918.50	766.82	1,983.69	607.50	790.00	889.18	970.25	779.35	1,614.89	9,320.18

Assistant Treasurer

No report

RCM 1

Hi yah!

Not much to report thins month.

We will be voting for motion 155.2 today about circle of sisters. I will bring your vote back to region on the 14th.

Excited to be of service!

As always my report from last region is attached.

Always,
Violet D
RCM1

RCM 2

Hi everyone,

Unfortunately, I'm missing the October Area meeting.

My room is booked for Region, this October 14th to the 15th

I'm excited to bring our vote with Violet about Circle Of Sisters to Region.

I look forward to seeing you next Area. After I'm back from Tennessee, you will be seeing more of me.

I am grateful to Violet for continuing to help me grow and be a part of Area even when I'm traveling.

Thank you all for your patience.

Grateful To Service (GTS),

Mylene W

PR Chair

Hi all, the following is the report for the PR subcommittee.

- H&I, website, and helpline are running smoothly. No literature needs for this month.
- Schedules - we decided in our last meeting to skip this quarter due to the late delivery of schedules this quarter and ample availability of schedules last SASC. We'll revisit this decision, as I was just informed schedules are low.
- We're still looking for a vice chair and web coordinator 2.

ILS,
Nicole

Literature Chair

Good Morning Team,

Treasurer Deposit for September 2023 was 1296.31

Our September NCRSO Literature Order Invoice is 1070.21

Order Total as of 11:20AM 10/1/23 666.80- No H&I order this month.

I have touched base with South King county and will be reaching out to World for a Login through the Woo Commerce Platform.

Still need an NA Area Literature Treasurer- 1year commitment, 1 year clean time requirement.

And i was just informed of our Literature balance for the New Quarter is 1749.70

-KK

SINAC Liaison

Hi All -

The Seattle International Narcotics Anonymous Convention (SINAC) committees are still busy securing vendors, finding speakers and workshop facilitators for the convention. Please share this information with your home groups and NA fellowships in other areas and regions.

Our next fundraising events are as follows:

11/4/23 - Salmon Dinner

1/27/24 - Sponsorship Dinner

2/24/24 – Tacos and Talent

Salmon Dinner flyers with more details and information are available on the handout table to take to your homegroups.

There are still a few open positions needed to be filled. They are as follows:

- Assistant Secretary/Records and Archives Keeper~2 years minimum clean time
- Hospitality Chair ~2 years minimum clean time
- Marathon Meetings Chair ~2 years minimum clean time
- Security Chair ~2 years minimum clean time

Would you like to be of service to SINAC and the pre-SINAC fundraisers? If so, SINAC meets the 3rd Sunday of each month at 12:30 pm Pacific Time. Join us for the next meeting via zoom or in person at Edmonds Lutheran Church on October 15th to learn about SINAC and get involved!

Thank you all for your recovery and service
-Brian S

Unity Day Chair

Open position

Conventions and Events Representative

Open position

Fellowship Development Chair

Open position

New GSRs

- *Dennis: Serenity Circle*
- *Christian: Last House on the Block*
- *Richard: Downtown Tower*
- *Daniel: Downtown Tower*

Group Reports (Detailed reports are only provided by the GSRs who filled out a report (physically or digitally):

<i>Group name: Recovery at Work</i>	<i>Meeting day/time: Wed 6p</i>
<i>GSR: Conor P</i>	<i>Phone #:</i>
<i>SASC Donation: N/A</i>	<i>SECT: none</i>
<i>TREASURER: Michael</i>	<i>Rent paid: \$37.50 Per: month</i>
<i>Group Report: RAW group continues to grown with 20 in attendance at our most recent meeting. We are still studying “Another Look” with cross talk encouraged. Come down to join us, Parking is free.</i>	

<i>Group name: NW Addicts</i>	<i>Meeting day/time: Friday 730-9pm</i>
<i>GSR: John L</i>	<i>Phone #:</i>
<i>SASC Donation:</i>	<i>SECT: Joe</i>
<i>TREASURER: Tami T.</i>	<i>Rent paid: \$80 Per: Month</i>
<i>Group Report: Great meeting with good home group members, although could use support. Kids are most welcome, (better at a meeting than the dope house).</i>	

<i>Group name: Monday Night Recovery</i>	<i>Meeting day/time: Mondays 730-9pm</i>
<i>GSR: John L.</i>	<i>Phone #:</i>
<i>SASC Donation:</i>	<i>SECT: Brian</i>
<i>TREASURER: Louie A.</i>	<i>Rent paid: \$45 Per: Meeting</i>
<i>Group Report: Solid meeting at the LAC. We are always looking for new home group members. Please come join us and get your life back.</i>	

<i>Group name: Monday Night Raw</i>	<i>Meeting day/time: Monday at 7p</i>
<i>GSR: Alex</i>	<i>Phone #:</i>
<i>SASC Donation: \$50</i>	<i>SECT:</i>
<i>TREASURER: Tamara</i>	<i>Rent paid: \$125/month Per: month</i>
<i>Group Report: Need people with recovery, a lot of newcomers and women from Hope Place.</i>	

<i>Group name: Straight Ahead NA</i>	<i>Meeting day/time: Wednesdays 730-9pm</i>
<i>GSR: John L.</i>	<i>Phone #:</i>
<i>SASC Donation: \$100</i>	<i>SECT: Curt W.</i>
<i>TREASURER: Andrea G.</i>	<i>Rent paid: Per:</i>
<i>Group Report: Long standing meeting win North end with solid core of home group members.</i>	

<i>Group name: Breakfast of Champions</i>	<i>Meeting day/time: Sat. 10A</i>
<i>GSR: N/A</i>	<i>Phone #:</i>
<i>SASC Donation: N/A</i>	<i>SECT:</i>
<i>TREASURER: Anne H.</i>	<i>Rent paid: Per:</i>
<i>Group Report: K.I.S.S. (Keep it Simple Sisters) is hosting a one-day women only gathering. \$5 suggested donation, with a potluck lunch buffet. 6 speakers, Saturday Oct. 21st, Doors open at 9A, speakers at 10a. Prince of Peace Church: 14514 20th AVE NE, Shoreline, WA</i>	

Open Sharing Topics: NONE

Old Business

Conner/Debra made a motion to approve minutes from September.

VOTE: Y-21 N-2 A-0

Motions for the month of September

Motion 1 (this is a motion from region): Shamay T moves that WNIRNA and C+E supports and signs the form for a bid of Circle of Sisters in 2026.

The intent of this motion is to bring a national women's convention to our region and build unity across the region. No funds are being asked for today, the region would be responsible for unpaid bills.

VOTE: Y-19 N-2 A-0

Open service positions:

1. Vice-Chair
2. Conventions and Events
3. Unity Day Chair
4. Fellowship Development Chair

**See SASC Guidelines at seattle.org for further details on any position*

New Business

Name: Nominated OR volunteered for

- Votes in favor:
- Votes against:
- Votes nonresponsive:
- Votes abstaining:

Name: Nominated OR volunteered for _____

- Votes in favor:
- Votes against:
- Votes nonresponsive:
- Votes abstaining:

**For full listing of service member details check the guidelines 8.4.11*

Grievances: NONE

Ad-Hoc Committee: NONE

Motions for New Business month of October

Motion 1: Tyler moves that the SASC approves the Quarterly Budget for Q1 2024.
Y-18 N- 0 A-0

Approved Budget:

- Total decided budget for Q1 2024
 - PR: \$1095
 - SASC admin \$1000
 - RCM 1&2: 140\$ each
 - Secretary: \$50
 - C&E Rep: \$50
 - Total: \$2574
 - \$591.73 in excess funds Q1 2024

October 2023 Admin Meeting

- Started at 1215pm on 10/13/2023
- 12 concepts read by Nicole
- Everyone was present
- Report check by secretary: Brian and KK only reports sent so far
- Used to meet at 11 for the audit, only took an hour to do the audit in the past, which predated Mason(past secretary) and they may not have updated it on the minutes that the time changed to 12, and now we need to log the time that we begin.
 - GSR orientation begins 1x per month at 12:30P
 - Budget is the most important part of the meeting
 - There used to be a monthly admin meeting, and the audit is only once per year.
- Q1 2024 Budget
 - Quarterly budget amount for Q1 2024: \$2574 (considering anticipated in revenue in Q1 2024)
 - PR Q4 is set at \$1000 and requesting a \$500 increase due to H&I literature needs.
 - Treasurers are able to allocate \$194 extra, bringing the total budgeted to \$1194/quarter
 - RCM 1/2 are looking to increase their budget to \$140/each due to increased hotel costs
 - Secretary: keeping budget at \$50/quarter
 - Chair: Keeping budget at \$50/quarter
 - Treasury: \$0 budgeted/quarter
 - After budget discussions the total left for admin purposes are \$

- Total decided budget for Q1 2024
 - PR: \$1095
 - SASC admin \$1000
 - RCM 1&2: 140\$ each
 - Secretary: \$50
 - C&E Rep: \$50
 - Total: \$2574
 - \$591.73 in excess funds Q1 2024
- Literature: We are exploring using an online portal to purchase literature.
 - KK will get a quote for the cost of using this portal, and will bring it back to admin in January.(They will attend the regional IT meeting to discuss options)
- Kelsey has confirmed an 11:30 start time for all future admin meetings.
- Admin meeting ended at 12:45pm

Close of meeting at 2:37P

Motion Forms and Intent

MOTION NO. (MONTH, YEAR, DAY, #MOTION):

Made by:

Seconded by:

Home Group:

Date submitted:

I move that:

Intent:

For Chair / Vice Chair use only:

Major Motion _____

(on going, affects operation of Area or Sub-Committee)

Affects sub-Committee / Officer: _____

Motion requires: Simple Majority: _____ 2/3 Majority: _____ Other: _____ Motion must go back to

groups: Yes _____ No _____

Motion: Passed _____ Failed _____

In Favor _____ Against _____ Abstaining _____

Non-Major _____

MOTION NO.:

Made by:

Seconded by:

Home Group:

Date submitted:

I move that:

Intent:

For Chair / Vice Chair use only:

Major Motion _____

(on going, affects operation of Area or Sub-Committee)

Affects sub-Committee / Officer: _____

Motion requires: Simple Majority: _____ 2/3 Majority: _____ Other: _____ Motion must go back to groups: Yes _____ No _____

Motion: Passed _____ Failed _____

In Favor _____ Against _____ Abstaining _____

Non-Major _____

*For full motion with more detailed intent and explanation please see the Motions portion of the minutes

NEXT REGIONS: oct 13 th 8pm oct 14 8:30am
January WILL ALWAYS BE VIRTUAL
For events happening all across the Region please
visit www.wnirna.org and go to the events page
RD/AD: Nancy and Kia

Kia:

World service Conference report in google group

Highlights: went to world service conferences

USA/na.org

WSLD in November

Zonal forum meets the 23 rd of July

Nancy is doing an inventory for south king county

*RCM and explaining the CAR needs to be broken up/more important.

Educate on what the car is, when it will be done. Continue to talk about it
throughout the year. Car workshop at GSR orientation? Explanation

How well does the voting process work for CAR report?

Discussion of how to make process earlier (we should have an extra month)

#1. Went to specific home groups need more than one hour (its hard to cram
so much info into one session) needs to be broken up into more events

#2. Take a pull of what topics are “hot topics” and go into those further.

#3. One Cr workshop day for everyone those who go get a vote (GSRs and RCMs)

#4. Homegroup divides up motions between 3 group consciousness
READ car report from Nancy and Kia with final votes. (Add a link on the website)

RSC CHAIR: Dan B
RSC Family,

Unfortunately, I have had an issue with my throat for the past three weeks and have completely lost my voice. My doctor doesn't want me talking (or whispering). It's not viral laryngitis. I feel totally fine. I just can't talk. I'm waiting to see a specialist and hopefully we can find out what's going on and how to treat it. I'm planning on attending RSC but Jake, our vice chair, will be running the meeting. Thank you Jake! If needed I can potentially communicate via the zoom chat; however, I would much rather respond to emails. So please, if you have any questions about this report please email me.

Since our last meeting I purchased the Zoom licenses for the All Subs meeting. I found a 30% off coupon code and was able to purchase the four licenses for \$462.11 instead of the \$600 we had budgeted. I tried to set up a recurring ACH payment from our checking account but our bill isn't large enough to qualify so I ended up using my personal PayPal. I will be submitting a reimbursement request for the expense today. I will also work with Rachel to update the payment method to use the FSA PayPal account going forward. All the information about the Zoom licenses is saved in the regional password safe in a Secure Note entry named “RSC - All Subs Zoom Details”

We had a little snafu with the Red Lion bill. At the time of our regional audit they had not cashed our October 2022 rent check. It had been three months so I contacted them about it and they asked us to send another check.

Literally a day later the first check cleared and of course they cashed the second check as soon as they received it. I spoke with them about it after the April 2023 meeting and they agreed we would not pay the April bill and they would apply the October 2022 overpayment. Because of the slight increase in rent, applying a 2022 payment to a 2023 bill should leave us \$40 short for April. The Red Lion agreed to call it even after not providing the coffee service on Friday night per our current contract.

For planning purposes the RCS admin committee will always meet virtually the Friday six weeks prior to RCS at 6pm. The next RCS admin meeting is on Friday September 1st at 6pm. Zoom details can always be found in the online regional service meetings page.

RSC VICE CHAIR: Jake H

Will be running meeting

RSC SECRETARY: Jillian M –
We had 20 areas present last quarter.
Talked about all car tallies
Open forum
Recess all subs
She will update guidelines next quarter.

RSC TREASURER: – Rachel
This quarter \$28,000 to NAWS donation
Quick books is outdated needs to be updated \$800a year quick books
Money motion for \$510 to update
PayPal dispute:
The previous treasurer transferred funds directly from our pay pal to her PayPal. We attempted to have it fixed. She admitted it said that shed pay it back. It did, it went back into the account. Then there was some sort of dispute that said it was going to be reverted. So we are now negative. \$4,186.44

AUDITOR: Vandy A. –
Your Name: Vandy C Andersen
Your Email: zandya@msn.com
Report Date: 2023-07-07
RSC Position: RSC Auditor
Other: If other field what position
Officer Report
Auditor report July 2023

The Clean and Free audit took place. Lots of activity at the event and financial success. The C&E committee is back up and running and able to pass on funds to RSC and as such, on to NAWS.
There will be an audit of WNIRCNA 2023 this weekend, held 5PM Friday. That event was also a success in every way.
Our CPA has had surgery and is recovering. The taxes have been extended until October. The information has been sent and she will file it as soon as she is back at work. Anticipated to be August.
It has been a quiet quarter for me. I have a possible trainee interested and will keep my ear to the ground for any other interested parties.

ILS,
Vandy

ACTIVITIES: Micheal
Your Name: Michael L.
Your Email: actchair@wnirna.org
Report Date: 2023-07-15

RSC Position: RSC Activities Chair

Other:

Officer Report

Hello RSC,

We had good in-person and virtual attendance. The areas that were present are as follows:

- Central Washington
- Chelan/Douglas Counties
- Everett
- Lower Columbia
- Northeast WA
- North East Oregon Area
- Pierce County
- South King County
- South Puget Sound
- Southwest WA
- The Lewis County

The committee will be working on our guidelines after our next WNIRNAC meeting on 10/14/23 from 12-1 pm after regular business. All are invited to attend, especially those with experience reviewing guidelines. Because of this, I will not be attending the PR meeting; however, I will send a delegate.

We had an amazing meeting and covered topics regarding flyers, traditions, and financial sustainability. We also generated excitement about our upcoming WNIR Learning Days event in Olympia on July 28th & 29th!

Our next regional dinner will be at the Palace on 10-13-23 at 5 pm! We will be in the private room, provided it is still available!

We also voted in Mike D. from NEWANA as our Vice Chair!

GTS,

Michael L

WNIRNAC Chair

River float was fun regional dinner was great

We will be reviewing activity guidelines

Regional leaning days July 28 th and 29 th Olympia.

H&I: Ashley W. –

Co chair wsld committee

Tend to draft a motion and revise learning days guidelines

Getting beyond the bars up and running in January (see pink packet)

Advocate will meet in January to update guidelines for pr and pi

Beyond the bars: look at pink tri fold

Guidelines revision between now and January

Discussion: How to respond when a member who's been there a while but showing up aggressive, how to manage that.

Your Name: Ashley W

Your Email: ashleynoelle86@gmail.com

Report Date: 2023-07-15

RSC Position: RSC H&I Chair

Other: If other field what position

Officer Report

July 2023 H&I Report

Since April RSC my regional service energy bank has been spent on co-chairing the PR Learning Days committee. We are SO EXCITED to throw a fabulous event at the end of the month. It has been a steep learning curve to shift into event-planning and also a wonderful bonding experience for the PR admin. We are grateful for the support and collaboration with the WPS area activities committee. Following the event, we intend to draft a motion and revise the LD guidelines to align more supportively with the benefits of having both the PR admin AND an area activities committee on the LD event planning committee going forward.

I met virtually with H&I members in WPSNA who are getting a program similar to AA's

Bridging the Gap up and running in their area. They are calling the program Beyond the Bars and there are pink pamphlets available with more info. Many of these members were incarcerated previously and benefited from WSFR and H&I panel members and are now giving back. They are seeking to create a formal subcommittee that supports new members as they transition out of prison and into their first outside NA meeting. One of the leaders of this group, Clint, will be speaking at the H&I workshop at LD 2023, along with our RSC H&I VC, Joe A.

An ad hoc of RSC H&I members will meet between now and January's RSC to update our subcommittee guidelines.

The PI Chair, Kelly, and I just booked out airfare for WSLD in November and we are stoked to be of service in this way again soon. Thank you!

10/20 areas attended, 20 people (6 online and 14 in-person)

Rob, WSFR report

We are receiving about 10 to 15 letters a month. There is an increase from local institutions. I have had 2 meetings with West Puget Sound that has created a new committee connecting inmates that are going to be released to the NA fellowship like "Bridging the Gap". They are picking our brains to better serve NA members being released into society. We are doing a presentation at the Regional Service-Learning Days. We have a new Working Steps for Recovery behind the walls webpage. The Western States Zonal Forum website has a link to our WSFRBTW webpage as well as links to other WSFRBTW committees in our Zone. I have hotel reservations for Western Service-Learning Days in November. I am working overtime tonight so I will attend H&I if I am up in time. If not, I will give this report at PR.

Logan, DOC Project updates

I have been perusing Colorado's NA page in search of their DOC coordinators information to re engage. Ashley had given me her info previously and it's been filed incorrectly.

I have called the help line there with no success and will continue to research other

options through World Services and through other California service groups. There has been concern brought to our attention for the reorienting of people coming out of prisons. I have been in communication with Work Release and local work placement services utilized by the residents of the Work Release programs. There is available to the employer, trade service, and specialty manufacturer a federal training program that allows a trade or service organization the assistance of having the government cover the wages of a new hire during a 90 training period. This program

continues to cover half wages through the following 60 days (approx) through to permanent hire. This Federally funded program is at no cost to the employer. If an employer qualifies first through the State Work Source and requests that these new recruits be from local Work Release offices, the Prisons Work Release residential facilities could request, system wide, the placement of releasees who are interested in career opportunities in a vast arena of job placement opportunities.

We can meet the peoples need for support at the door through panels, local NA support, meeting ip's, and a hug.

This, from personal experience, is doable.

Clint, Beyond the Bars (WPSNA)

Supporting women re-entering the community out of Mission Creek Correctional using a program similar to AAs Bridging the Gap (pink pamphlet provided to RCMs)

Guidelines Revision ad hoc sign up

Tiffany M- SPS, hi_vicechair@spsna.org

Topic: panel speaker going into a panel "alone" when leader doesn't show up and was not treated well in sub committee meeting

someone with lots of clean time and experience "dropping bombs" and not really participating as a member

suggestions: formalized grievance process vs how it was handled, refer to guidelines, group inventory, "point of interest" announcement/moment of silence/"come back to order" and boundary to get tensions down

Topic: what to prioritize in an area starting services back up

suggestions: orientations at homegroups, group inventory, spirit of rotation w/positions, recruit more service members by individually targeting them, literature order

through rsc h&i, under committ and ove rdeliver, virtual panels to offset travel/distance issue w/rotating in-person panel less often, guidelines revision, bring members with 90

days to shadow/observe panels, attend other H&I area meetings

Topic: equitable/inclusive practices for identifiaction of newcomer audiences (gender, race, age)

tabled until next quarter

Topic: how to address principles before personalities issues

poor closure when leaving a position (etiquette?) and assumptions

suggestions: guidelines revision, orientation blurb, responsibility to show up or find a replacement/communicate change of plans

Thank you for this joyful opportunity to be of service,

Ashley W

IT: mark

Your Name: Mark B
Your Email: marklevye408@gmail.com
Report Date: 2023-07-14
RSC Position: RSC IT Chair
Other: If other field what position

Officer Report

Everything is going well. We have made the transition to the new server, and we are still working on upgrading to php 8.2. The transition has gone very smoothly. Our sites are running faster without slowdowns. We still need an IT Vice-chair so please share this so that I can find a successor.

Our Web 1 has sent in a resignation letter and would like it to be read here. I forwarded it to the RSC vice chair since Dan has lost his voice and will let Jake decide on whether or not he wants to read it here.

Thanks for letting me be of service.

LITERATURE: Joel –

Your Name: Joel s Lafayette
Your Email: jlafayette@tds.net
Report Date: 2023-07-13
RSC Position: RSC Literature Chair
Other: If other field what position

Officer Report

REGIONAL LITERATURE SUB-COMMITTEE

CHAIRPERSON REPORT .

Hello recovery family. there has been lots of things in the works this quarter (namely)

- 1) bringing the sub-committee meetings back to pre Covid date and time and still hybrid in Ellensburg on Saturday morning
- 2) group has its own login
- 3) chairperson has their own meeting key
- 4) our sub-committee will be doing a workshop on Saturday
- 5) theme will be " IMPACT OF THE BASIC TEXT "

There will be some opportunity for audience participation. we would like some feedback as to your own experiences.

IN LOVING SERVICE JOEL L.

Your Name: Joel s Lafayette
Your Email: jlafayette@tds.net
Report Date: 2023-07-15
RSC Position: RSC Literature Chair
Other: If other field what position

Officer Report

HELLO AGAIN RECOVERY FAMILY. WE SEVERAL ATTEND THE SUB-COMMITTEE MEETING AND SADLY IT TOOK TIME TO ACTUALLY HAVE THE PLACE OPEN.

LAST MONTHS MINUTS READ AND APPROVED. IN ATTENDANCE WERE:
1) TRI-CITIES 2) PIERCE CO. 3) N.E. OREGON 4) SO. WEST WASH 5) SO. KING
CO. 6) BLUE MTN.

7) SEATTLE

ELECTIONS WERE HELD AND SHAMUS M. NOMINATED AND ELECTED THANK
YOU !

NEW BUSINESS DISCUSSION WAS ON FAKE GROUPS SUBMITTING FAKE
ORDERS .

CONSENSUS WAS, CAN THEY BE VARIFIED ?

DONE ONLY BUY EMAIL ?

ARE THESE GROUPS ATTENDING A.S.C. ?

SOLUTION CAME TO BE TO RETURN TO PAPER ORDERING OF LITERATURE OR
ACTUALLY HAVE THE ORDERS PRE-PAID.

MUST BE RESPONSIBLE WITH NA FUNDS

NEXT LITERATURE SUB-COMMITTEE MEETING WILL BE OCTOBER 14th FROM
10:00am TO 12:00 pm

IN GREATFUL LOVING SERVICE

JOEL L REGIONAL LITERATURE CHAIR PERSON

PI: kelly –

Getting ready for WSLD July 28 th and 29 th in Olympia

Your Name: Kelly McD

Your Email: pichair@wnirna.org

Report Date: 2023-07-15

RSC Position: RSC PI Chair

Other: If other field what position

Officer Report

Hello all,

This past quarter has been a very busy one getting ready for the upcoming Regional Learning Days event in Olympia, WA on July 28-29. The PR committee has been meeting twice monthly for the past few months, and the event is coming along and will be amazing. We will have a coffee truck there all-day selling drinks and we will be having a taco truck for dinner. We will also have T-shirts for sale for \$15 and a tie-dye station if folks will want to tie-dye their shirts. Flyers are located on the table. Other than that, we set up the new regional PI booth and the booth made it to WNIRCNA and then to the mobile convention. We will be setting it up at the regional learning days. We did have one guideline meeting and started a plan for updating, but participation was low. The second meeting no one was able to attend so the vice chair and I have decided to pause on it until after the Learning Days event so that we can better focus on that task. PR was also asked for members to come up to the British Columbia Region to do an IDT about communication with their regional PR committee. Since I am able travel there and had the availability, I offered to attend and will be facilitating with Kia. That will be the last weekend of August. I also just purchased my flight to WSLD in November and am excited to attend that as well. Other than that we are plugging along and I will have more to report tomorrow after all-sub.

The PI meeting started a bit rough since the church was not open for us, but we pivoted and met outside for a bit and then transitioned inside. Our secretary was not here so Chuck graciously took minutes for us and did great. We had 17 people in attendance in-person and online. Of those the areas that were in attendance were Northeast Oregon, Northern Idaho, Tri-Cities, The Lewis County, South Puget Sound Area, West Puget Sound and Seattle. Many of the area's are out doing PI booths and presentations about NA which is exciting. If you didn't know the Regional Helpline has been up since the last region. Only a few volunteers run the lines, but they only get a few calls a week. Mostly people who are unsure of which area they need to contact, and the volunteers are directing them to the proper locations. We still have about \$300 left of the credit from Trilio so we are doing good on funding and will probably not need to discuss increasing the budget until next year. There was also some discussion about how other areas function and if they have a PR committee verses having all the committees go to area. It was split on how the area's do it and information was provided on how that works. A motion was also presented to ask that the regional PI Subcommittee be the one to attend the statewide drug court conference that is held every year in October. Last year it was done by the Lewis County since there was not enough time to have it brought to region to ask. There were several members that were willing to participate. It will be from October 26-27th. We got consensus to attend the conference. Since there will be one more region in between we decided that we would participate, and Jerry B. would

be the point of contact in organizing that and we will get final commitment from people and do orientations at that time.

Thank you for letting me serve,

GUIDELINE AD HOC –

Your Name: Jerry b

Your Email: jerrybraden@usa.net

Report Date: 2023-07-14

RSC Position: Select your position

Other: Guidelines Ad-hoc Chair

Officer Report

I must confess I'm not placing a high priority on finishing this task. I allow other activities to to usurp my time. I did send a reworked copy of PI Guidelines to the PI Chair as they work on updating same. Earlier today I emailed Reformatted copies to the chair and secretary of H&I, Literature and Activities as well as the chair of WSBW. Being accountable to this group helps my recovery. Thank you.

C&E: Brian M – elections coming up for C&E

Talked about being in support of circle of sisters 2026 they will bring members to region to talk about how we process events

Bids for hosting regional learning days or mobile convention (talk to Cheryl about it)

C&E Treasurer: amber–

Your Name: Amber s

Your Email: ambersloboda@gmail.com

Report Date: 2023-07-15

RSC Position: Other

Other: C&E treasure

Officer Report

Hello everyone,

This quarter we had WNIRCNA 2023 and the treasury part of the convention went extremely well, having a lock box available to us was most helpful for accountability and members not being over worked over the weekend. Sarah and I continued to evaluate procedures for convention treasury and have many great ideas to help the future of convention treasurers. Rachel D. the regional treasurer set up a zoom call with all current treasurers to take a look at the procedures at each convention and we can now start to possibly implement in the future for better accountability and success. I had to leave early but I do know the group discussed and agreed to make a motion to move our bank account to chase bank in order to align our regional treasurer processes and purchase

quick books online. This will allow us to have better accessibility and accountability across the board. I believe we are on the right track to revamping money handlings in hopes to pass on these position to the next with more guidance for what is expected. More will be revealed but I feel confident in the direction we are all going.

We did approve the bank change at C&E.

We plan to have an audit on the C&E account and after that should be able to make the bank move smoothly before to much action with our bigger events.

Sarah C. The C&E treasure trainee and I attended both clean and free and wnircna audits this quarter which where both a success. Another thing brought up was the use of the debit card and members questioned some of the usages, in the guidelines it states the debit card may be used for purchases that are difficult to pay by check.

According to the guidelines the debit card is not limited to only travel and lodging and liaisons can request the usage of debit card with a request form per guidelines.

Lastly over the last quarter I have had small moving parts from meeting over zoom with learning days, talking with current treasurers for 2024 conventions and monitoring the bank accounts. I find myself getting more familiar with the role I have as C&E treasure without prior training and giving myself grace for not knowing it all. But All and all I'm grateful to be in this position and I am learning a lot along the way!!!! So thank you!

Bank account balances goes as such:

CE committee	88,190.60
CNF Even	10,000.00
CNF odd	10,000.00
PNW	3,500.00
Recovery Events	4,804.62
WNIRCNA Even	7,585.70
WNIRCNA Odd	5,000.00
Prudent Reserve	19,990.45

Thank you all for allowing me to serve

Amber S. C&E treasure

Winircna 2023 happened

Moving bank account to chase better accountability
Audit on c&e account will happen b4 bank move in September
Bank account balances:
C&E committee 881090.60
CNF Even 10,000
CNF odd 10,000
PNW 3500
Winirca 75,000.30

RECOVERY EVENTS: 4704.62
Winirca EVEN: 7,585.70
Winirca odd: 5,000.00
PRUDENT RESERVE: 19,990.45
DOC COORDINATOR:

Your Name: Logan
Your Email: logan@northamericantarp.com
Report Date: 2023-07-15
RSC Position: Other
Other: DOC coordinator (PR)

Officer Report

I have been perusing Colorado's NA page in search of their DOC coordinators information to re engage. Ashley had given me her info previously and it's been filed incorrectly.

I have called the help line there with no success and will continue to research other options through World Services and through other California service groups. There has been concern brought to our attention for the reorienting of people coming out of prisons. I have been in communication with Work Release and local work placement services utilized by the residents of the Work Release programs. There is available to the employer, trade service, and specialty manufacturer a federal training program that allows a trade or service organization the assistance of having the government cover the wages of a new hire during a 90 training period. This program continues to cover half wages through the following 60 days (aprox) through to permanent hire. This Federally funded program is at no cost to the employer. If an employer qualifies first through the State Work Source and requests that these new recruits be from local Work Release offices, the Prisons Work Release residential facilities could request, system wide, the placement of releasees who are interested in career opportunities in a vast arena of job placement opportunities. We can meet the peoples need for support at the door through panels, local NA support, meeting ip's, and a hug. This, from personal experience, is doable

GRIEVANCE:

OPEN DISCUSSION:

Circle of sisters (recommended to show up at C&E tomorrow)
Bid to have it in Seattle feb/march 2026

(They are asking for packet signed by regional chair/and treasurer)

Starts off with seed money from past event

Not asking for bodies or financial support

Service resumes

13 committee members

40 volunteers

450 fb members

Westin and the Hyatt \$199 each first rough draft

3 possible hotels

Will the region back our bid for convention

They need

Transport info

Region needs to be point of accountability

How do we not tire of service positions?

Seek out people who may be good at things and have them look over qualifications.

Have fun meets and ice breakers. (Maybe actually chat with people make bonds)

Have self care/ its ok if things go vacant for a while, sometimes succulents service is a lesson learned in favor

We need you, you would be great at this

PayPal dispute:

Kaylyn has been in contact with paypal, says it has been a hacked account. The bank withdrawn to is in Louisiana which she has never used. She has been dealing with all other ones that have been also hacked. She has offered to pay \$500 a month until payed off. She also asked for 15days for paypal to refund. The first payment would be due on sept. 10. (Letters are in report) Discussed what to put in the letter to kaylyn for reprocussive actions to be taken.

#1.

#2. After august 15 th a payment plan will start to cover funds missing if not refunded by PayPal. \$500 a month starting in September until amount has been returned.

#3. The first payment will be due on sept. 10 th and all subsequent Payment are due on the 10 th of each month until funds are paid off.

#4. ask you too please sign and return letter by aug. 1 st 2023

#5. Please CC RSC chair@wnirna.org with all related communications with paypal

#6. If this plan isn't followed per expectations listed,

FSA will take legal action up to and including filing charges or using a collection agency

Northeast Washington:

Schedules? How do we do this?

Get your own printer: one area went from 14c to 1c per schedule

Borrow a facilities printer

QR codes on flyers

If you get rid of schedules what about phone lists?

South king county:

Service members for area service: missing chair how to find one?

West puget sound behind the bars implementing:

How do we implement it?

Talk about it pink pamphlet: will do presentation at learning days

Brandi:

Alternative language meetings are non existent

Angela: Spanish speaking meetings Brandi

Brandi will reach out to me about meeting.

Solo por Hoy Recovery Café 2022 Boren Avenue, Seattle, WA 98121

NEW BUSINESS:

MOTIONS:

Getting a regional fellowship association accounts for treasurers: motion passed

Jillian POS committee motion: WINIRNA and C&E move to support bid for Circle of sisters to be in Washington northern Idaho region. Knowing that financial responsibility may pass to region. Tabled till next region to be brought back to

ELECTIONS:

C&E: Jillian nominated: motion passed

C&E treasurer: Amber nominated:

EVENTS:

Everett area:

Camp out aug 18 th thru 20 th Stan-wood

Grays harbor:

Struggling to find committee members

Camp out on website

NE Oregon:

Selling on fire for recovery hats park event

Brodio is in a week 3spaces left.

NWwaservice committee:

Spiritual connection sept. 22 nd cornet bay

Unity on widbey oct 21 st (held in oak harbor)

Pearce county:

Lake fest aug 3 rd thru 6 th camp out